



Rotary Club of Maungakiekie
Bulletin / Newsletter NL 247
2nd of March 2026



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Monday 2nd of March 2026

Apologies: Paul Jenner(LOA), George Varghese, Rod Kestle, Rodney Foley Tony Rayner, Mavis Moodie, Jeanette Thorn,

Acting Sergeant Lloyd Albiston

Lloyd welcomed everyone to the meeting. Lloyd introduced his trademark feature of What happened this day, the 3rd of March in past years with relevant questions for the members. Some interesting answers were offered.



February

PEACEBUILDING AND CONFLICT PREVENTION MONTH

"It isn't enough to talk about peace. One must believe in it. And it isn't enough to believe in it. One must work at it."
Eleanor Roosevelt

Guest Speakers



Trevor Mosley introduced Carleen Craig and Kelvin Ricketts. Trevor provided interesting highlights from their backgrounds. Some of which follows:
Carleen is a registered teacher and that's a role which is required in this work with the Life Education Trust.
She's been with the Life Education Trust for nine years.
Kelvin is a member of Rotary and the Paeroa Club.
And he joined the Life Education Trust in 2023 to rebuild the Trust. Prior to that he had a long-term interest in the Life Education Trust since 1994.
In 2024, he became an employee of that trust.
Kelvin and Carlene provided a very detailed presentation about the Life Education Trust work, especially The Happy Harold Program that the children love and remember.

Kelvin informed the meeting that each year, more than 250,000 students from approximately 1,500 schools participate in Life Education Trust programs. A team of over 300 volunteer trustees give more than 23,000 hours each year to support our work. Their educators and presenters bring their best to the classrooms every day.

The educational initiatives of the Healthy Harold programme, which targets students in primary and intermediate schools. The programme aims to instil life skills among children, touching on essential areas such as identity, resilience, friendships, nutrition, human biology, and substance awareness. The approach focuses on practical, age-appropriate strategies for understanding complex concepts, encouraging healthy decision-making, and fostering emotional strength. They also discussed the funding model and the impact of the programme in schools, showing positive feedback from educators. This initiative positions itself as an essential resource for schools in navigating the challenges of modern childhood.

The Healthy Harold programme serves not only as a childhood education tool but also as a preventative health initiative that addresses contemporary societal issues faced by youth. It provides a safe space for children to learn crucial life skills while equipping them with knowledge about their health and wellbeing. From an educational perspective, the programmes method of engaging students actively promotes retention and application of the knowledge they gain. Additionally, there is a significant focus on community collaboration, highlighting the role of educators, parents, and sponsors in nurturing healthier future generations.

The financial sustainability challenges discussed reveal a critical dependence on community support rather than government funding, which raises important discussions about access to crucial educational resources in economically tougher areas.

The Healthy Harold programme plays a fundamental role in equipping young students with the necessary life skills and knowledge to navigate both their developmental challenges and societal pressures. The insights and responses to emerging challenges ensure that the programme remains dynamic, fostering a healthier generation. As it continues to receive feedback, the success of the initiative emphasizes the value of proactive education in shaping the futures of children across diverse communities.

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Iain McCrae thanked Carleen and Kelvin for their very informative presentation and said the club will take on board the challenges they face and endeavour to assist where it can.

Thought for the Week Bruce Verrall

"After all, tomorrow is another day".

(Scarlett O'Hara. Gone with the Wind".)

Duties: March 9th 2026

Sergeant Lloyd Albiston

Attendance: Rob Lyons

Hospitality Iain McCrae

Meals:-- - Heather Lather-Alan Bannin

5 Minute Speaker: TBA

Guest Speaker: Mary Mowbray

Subject: – Dental Hygiene Clinic

Host: Mavis Moodie

Thanks: Bruce Verrall

Thought For the Week: George Arulanantham

Apologies to Lloyd by 5pm Friday 27th February

Guest Speaker 9th March

Mary Mowbray – Dental Hygiene Clinic

Remember 'The Joy of Walking' project is live, online.

The "Joy of Walking" is a 12-month community program by the Rotary Club of Maungakiekie, offering monthly self-guided walks in the Onehunga, One Tree Hill, and Epsom areas to encourage physical activity and community connection.

Prizes have been won so far!

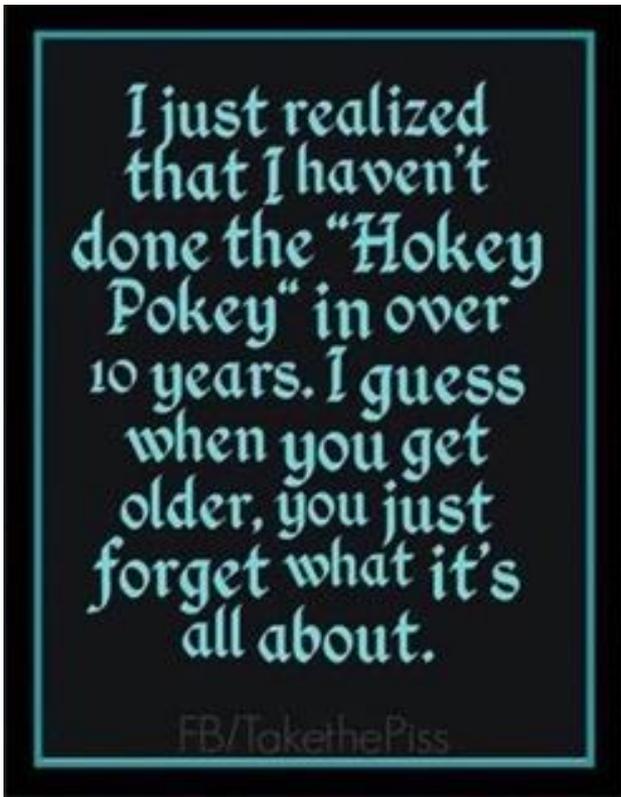
<https://joyofwalking.nz/>





Smile!

It makes people wonder what you have been up to!



Rotary Maungakiekie
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End note.

Acta non verba.