

Rotary Club of Maungakiekie Bulletin / Newsletter NL 235 6th October 2025



Rotary (B)

President: Paul Jenner Secretary: Richard Ryan

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Apologies: Sharmeen Hyatt, Craig Jones, Rod Kestle, (LOA), Peter Mayow, Tony Rayner, Barry Stafford, George Varghese, Mavis Moodie, George Arulanantham. **Visitors:** Jillian Alexander, Myra Watt, Debby Bradley, Tabatha Elliot, Cat Levine.

President Paul welcomed our visitors to the meeting and thanked everyone for their attendance. Paul called for Club officer nominations for the 2026/27 Rotary year.



Guest Speaker

Troy Elliot introduced the importance of mental health initiatives for children, drawing from his previous experience as CEO of the I Am Hope Foundation, which successfully secured government funding for mental health programs. He highlighted the critical role of Rotary in supporting these initiatives and emphasized the need for a solid governance structure to further advance their goals. Troy acknowledged the significant contributions of key team members like Cat Levine, whose passion for child wellbeing drives the program's success. He noted the **Think and Be Me** program's

achievements in reaching numerous schools and engaging educators and students alike in emotional regulation practices.



The core of the Think and Be Me program revolves around teaching children about emotional wellbeing through relatable concepts, such as the "Angry Dragon" and "Cool Cat," which help them understand and manage their feelings. The program has received positive feedback from schools, with reports of reduced bullying and improved emotional

responses among students. Troy outlined future plans to expand the program into new regions like Hawke's Bay while ensuring sustainability by training new educators and collaborating with other organizations. He also discussed the challenges of securing operational funding amidst high competition for grants and stresses the importance of building a network of support.

In conclusion, Troy called on the Rotary members and their networks to assist in fundraising efforts, to sustain and grow the initiative. He expressed gratitude for the foundational support received so far and encouraged ongoing collaboration to ensure that children's mental health remains a priority.

The ultimate goal is to equip children with the tools they need to navigate their emotions effectively, fostering a healthier future generation.

Thought for the Week Brian Williams Never reach out your hand , unless you are willing to extend an arm. ($Pope\ Paul\ VI$)

Five minutes: Phil Aish presented a follow up to his recent guest speaker spot with pictures of the bridge building exercise to get building supplies to a village site in Ache Paraguay.

A tribute to the tenacity of the Ache people.

Club notices:

Duties.

Monday the **13^{th of} October** will be a Movie Night at the Lido Epsom. Monday the **20th of October** Ben Oranga & Community Sports

Remember 'The Joy of Walking' project is live, online.

The "Joy of Walking" is a 12-month community program by the Rotary Club of Maungakiekie, offering monthly self-guided walks in the Onehunga, One Tree Hill, and Epsom areas to encourage physical activity and community connection.

https://joyofwalking.nz/



Generations



Happy Visitors

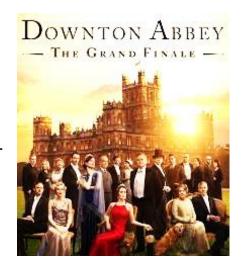


Movie Night.

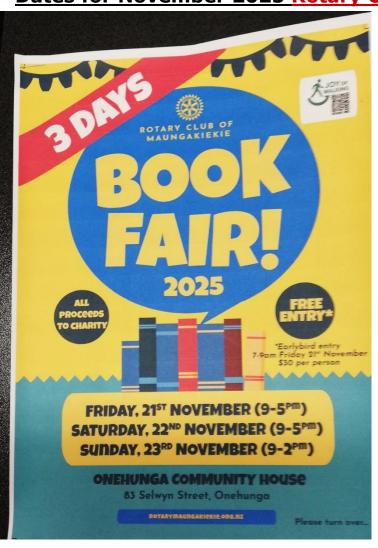
Monday the **13^{th of} October** will be a Movie Night at the Lido Epsom.

The film is **Downton Abbey: The Grand Finale.**

Replaces our usual meeting that week. Please notify of your intention to attend, as soon as possible, to Gary Hays to facilitate the theatre booking.



Dates for November 2025 Rotary Club of Maungakiekie Bookfair:



Pamphlet dates:

- Monday 13th October- Printed stock delivered for splitting into delivery zones with maps.
- Monday 20th October- Pamphlet zone stock ready for Club Members pickup this night.
- Tuesday 21st October- Pamphlet delivery begins, and all delivered by Sunday 9th November.

Sorting dates: November

- Begin sorting.
- Monday 10th open Room 7-Sorting. Arrange banana boxes.
 Receive 2 x 3cum bins outside the deck, and setup using OC House tables.
- <u>Tuesday 18th</u>- open Room 4-Fiction and begin setup with extra tables.
- Wednesday 19th- open Room 6-Music, CDs, and NZ
- <u>Thursday 20th- 9am-</u> Take over whole House and setup Rooms 5-History, Sport, Art. Room 8- Children's books, toys, and puzzles.

Book fair times:

- <u>Friday21st- Open at 7am-9am</u> for Early Birds/dealers with \$30 entry fee and EFTPOS. Close 5pm
- Saturday 22nd- 9am to 5pm
- <u>Sunday 23rd- 9am to 12pm</u>. Last gasp sale to close at 2pm. (Marbecks etc.) Loadout residue to OJI fibre. Loadout tables and clean up.
- Monday 24th-9am Final checks and hand back to Tony and Miguel at OCH.



Happy Days! Bill Grayson

RYLA 2026

District are looking for expressions of interest in sending candidates to RYLA, (*Rotary Youth Leadership Awards*.) to be held in June 2026, at MERC Long Bay. Applications are required this year, 2025, to confirm numbers for planning. If anyone knows of suitable candidates, from your social group or family connections. Please advise Noel Carey.

"The RYLA course was life changing for me. I have never been happier and more confident. I am able to move forward and do better for my life and the people around me." Kathie

Programme

A varied programme is provided. It includes addresses, activities and group discussions. A wide range of topics and presenters are a feature and high quality presentations and relevance to leadership development is assured throughout the week.

is assured throughout the week. The programme is based on the following themes:

Building a Foundation Personal Leadership Team Leadership Social Leadership Commercial Perspective Community & Social Responsibility

Time will be allocated for recreation and exercise. The Rotary Club based selection ensures delegates cover a wide cross section of vocations and backgrounds. The common denominator is all delegates are selected because they have leadership qualities and /or skills.

RYLA is a wonderful opportunity for all clubs in our district to collectively recognise, inform and inspire worthy young people from our local district community and to enhance their futures.

"If you think you are already at your best, RYLA can make you better." Jason

A week full of energy, inspiration and eye openers. Absolutely incredible and life changing" Olivia



Rotary International District 9910



Organiser: District 9910

Mobile: 0274 947 531

emails:

rylasecretary@rotarybrownsbay.org.nz rylaapplications@rotarybrownsbay.org.nz

web: rotarybrownsbay.org.nz





Rotary Club/Company:
Contact:
Mohile:

rotary youth leadership awards

Information 2026
District 9910



Sunday 21st June - Saturday 27th June 2026

Sir Peter Blake Marine Education Centre (MERC) Long Bay, Auckland

"I am leaving RYLA with an increased focus on my goals and what I want to achieve. I have developed as a leader, personally and made lifelong friends." Rez Guardi

2017 Young New Zealander of The Year.

What is RYLA?

Rotary Youth Leadership Awards

RYLA is a Rotary organised programme promoting youth leadership and catering to young aspiring leaders aged between 20-28. Since its inception in 1960, thousands of young people around the world have benefited from RYLA. Many have gone on to be outstanding leaders of their families, their businesses and the communities in which they live. Delegates are sponsored either by a local Rotary Club, a local business, the business for whom they work or by private arrangements. We encourage businesses to promote their young leaders with a RYLA experience as the benefits are numerous and embrace all areas of the young person's lives Administered by Rotarians and facilitated by professional trainers, it targets young people aged 20-28 who may still be at university or already working. They do not need to be in a leadership role at this time.

The interactive programme is focused on:

- · Leadership theory and skills.
- · Leadership in practice.
- Team situations to apply the skills learned.

Where young people develop:

- Self-awareness and Self-reliance.
- An attitude that enables delegates to lead with confidence in any situation.
- Communication and networking skills.

While not an Outward Bound experience, there are physical aspects involved that are well within the reach of all young people with an average level of fitness.

Rotary Browns Bay Co-Ordinator

lan Clouston

The RYLA Mission is to:

Create a leadership experience combining theory with experiential learning situations to promote the skills and behaviors required of leaders by utilising outstanding facilitators and inspirational leaders to share knowledge and modern leadership practice with delegates.

Objectives

- To bring together young people aged 20 to 28, who have shown leadership qualities and will benefit from the programme of addresses, discussions, <u>activities</u> and interactions during a week-long live in seminar.
- To demonstrate Rotary's respect and concern for young people.
- To provide information, <u>instruction</u> and experience on a wide range of subjects of interest and benefit to the delegates, <u>utilising</u> appropriate industry and community leaders and experts as presenters.
- To equip, instruct and encourage promising young people from differing cultures and backgrounds, to better serve their communities and countries.
- To encourage leadership of young people by young people.
- To recognise young people who are providing service to their communities.
- To provide delegates with an experience they will not forget and that will benefit them well into the future.
- To provide an environment for young leaders to build relationships that develop into lifetime friendships and networks.

"RYLA was an incredible experience that armed me with practical leadership skills I wouldn't have otherwise gained. I was so inspired by the people I met, the presenters and facilitators." Beatrice

Selection:

Each Rotary Club in District 9910 seeks applications to attend RYLA from suitable young people that meet the established criteria. Applicants do NOT need to be from the Club's own area.

- Applicants should be between 20 and 28 years old on 1 April 2026
- People still at school are not eligible.
- The standard application form must be completed by each <u>Applicant</u>
- The Rotary Club will interview all applicants, advise them of the criteria and qualities of candidates being sought, then make a selection of the number of delegates the Club wishes to support.
- Sons and daughters of Rotarians are eligible, so long as they meet the criteria laid down and pass the selection process.
- Reservations should be made by 30th November 2025 Please email RYLA Secretary rylasecretary@rotarybrownsbay.org.nz
- Early bird rates WILL ONLY BE accepted until 31st December 2025. Full fees will only accepted after that date. Clubs should email their selected delegates' Application Form to:

r-ylaapplications@rotarybrownsbay.org.nz

The maximum number of delegates able to <u>attend</u>
is 40. In the event of more than 40 applications
are <u>received</u>, the <u>Organisers</u> will select the 40
Delegates from the applications

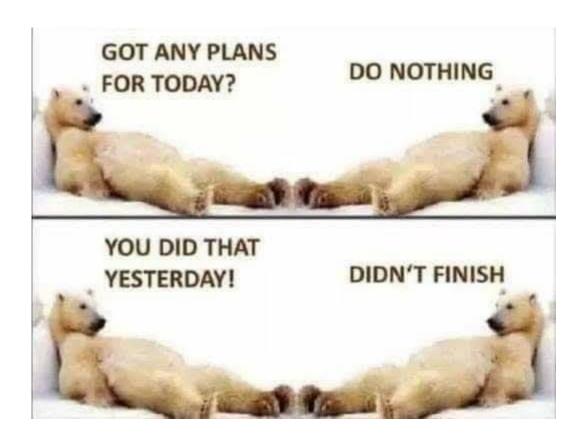
Delegates will be emailed a letter of confirmation which will include a list of requirements for the week of RYLA

Supervision

Experienced adult leaders are appointed as resident supervisors at the seminar for the week, including residential directors, programme directors and course administrators.

Smile: It makes people wonder what you have been up to!







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• <u>End note.</u> Humanity is our ultimate community, and everyone plays a crucial role.