



Newsletter to Keep the Wheel Turning



President: Jeanette Thorne

Secretary: Richard Ryan

Meeting location: Royal Oak Bowls, 146 Selwyn Street, Onehunga, Auckland

Time: Monday evening 5:30pm for 6 p.m. start to 7:30pm, includes \$25 dinner

Mail: PO Box 29086 Greenwoods Corner, Epsom

Web: <https://www.rotarymaungakiekie.org.nz/>



MARCH WATER, SANITATION AND HYGIENE

"Water is life, and clean water means health"

Audrey Hepburn



Newsletter 166, 25th March 2024

Present: 29

Apologies: Phil Aish, George Arulanantham, Gwynyth Carr, Rod Kestle, Cat Levine, Rob Lyons, Duncan Macdonald, Ant Martin, Peter Mayow, George Varghese

Sergeant's fines: \$ (a goodly sum)

ANNOUNCEMENTS

President Jeanette welcomed guests Ann Dunphy Club Secretary Rotary Penrose, and the two club sponsored Rotary National Science & Technology Forum students, Sophie Lin, Janice Nair along with their and their proud parents.

ROTARY NATIONAL SCIENCE & TECHNOLOGY
FORUM TRUST

Jeannete is spending time in Napier while husband Steve is cycling part of the 3,000km [Te Araroa \(The Long Path\)](#) trail from Cape Reinga to the Bluff. Steve was supported by Jeannette and a friend as far as Auckland. He has since continued and has reached Masterton and is 'recovering' in the local vineyards.



The NZ Martine Museum has reached out to Jeante looking for [volunteers](#) to guide groups through galleries, crew their vessels, or craft models for display.

Please see Jeannette for a brochure.



Barry had two announcements:

- The club recently donated \$5,000 to the **Onehunga Community House** comprising of \$2,000 koha for accommodating our 2023 Book Fair, and \$3,000 towards the competition of their remodelled kitchen.

60
SECONDS

- As with last year, members along with fellow Epsom members will be attending the **ANZAC Ceremony** in the Marivale Reserve – all are invited:

Time/date: 11am-2pm, Thur 25th April

Location: Epsom War Memorial, Marivare Reserve,
cnr Manukau and Ranfurly Rds, Epsom



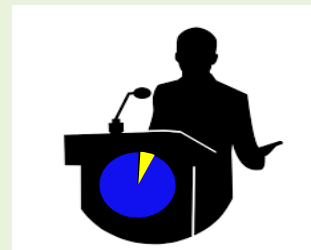
Ann Dunphy bought greetings from the **Rotary Club of Penrose** and mentioned how deeply committed they are to youth programmes.

Barry and Bill recently visited their club to talk about their and Iain's youth literacy work at the Pacific Advance Secondary School (PASS).

Ann applauded their contribution and believed, "the future of Rotary is in connection with youth."

Tony gave some insight to the operation of **Hato Hone St John** where he works in its National Operations Centre, Mt Wellington.

Tony highlighted St John's emergency ambulance services that reach 90% of New Zealanders across 97% of the country. With a membership of 15,300 comprising of around 8,000 Volunteers, 4,200 paid staff and 6,000 Youth members, St John managed an impressive 674,374 111 emergency calls during the 2022-2023 period.



5-minute

Beyond emergency response, St John's involvement also includes attending public Events such as rugby games and concerts where the 4,079 events attended contributed to its revenue stream. Notably, services such as Medical Alarms and Patient Transfers are integral parts of their operations, with over 51,000 Medical Alarm alerts and 80,000 patient transfers recorded.

Funding primarily comes from Crown Funding, covering 82.4% of St John's emergency ambulance operations, supplemented by revenue generated through donations, events, memberships, and patient transfers. Despite an annual income of \$366 million in 2022-2023, St John faced an Emergency and Transport services deficit of \$29 million.



Performance metrics underscore St John's commitment to timely response, with 95.7% and 97% of Urban and Rural cardiac and respiratory arrests attended to within 12 and 25 minutes respectively. The various response types have specific Key

Performance Indicators (KPI) set by the Ministry of Health in conjunction with St John to ensure a level of service.

Furthermore, data analysis of changes noted between 2022 and 2023 reveals increases in call volumes (up 6.8%), traumatic injuries, stroke, mental health and heat/cold exposure and a decrease in breathing problems, sick person – specific diagnosis, choking and headaches.

Challenges such as traffic congestion during peak hours and resource allocation in rural areas remain focal points for improvement. Nonetheless, St John's steadfast dedication continues to ensure that communities receive vital medical care when needed.

This insight into St John's operations offers a glimpse into the organisation's significant contributions to public health and safety across the nation.



*guest
speaker*

JANICE NAIR
ONEHUNGA HIGH SCHOOL

**Reflections on attending the 34th Rotary
National Science and Technology Forum**

The club had the honour of sponsoring Janice Nair from OHS, to attend the Forum and she graciously shared her insights with us. Here's a summary of her remarkable experience.

Janice began her reflection by expressing heartfelt gratitude for the support and funding she received from our club, without which attending the forum wouldn't have been possible. She emphasized how this once-in-a-lifetime opportunity has left an indelible mark on her.

From the moment Janice arrived, she felt welcomed and embraced by fellow participants and advisors. Despite initial nerves, she found solace in connecting with students from diverse backgrounds, all driven by a shared passion for science and technology. The forum provided a safe space for exploration and personal growth, fostering meaningful connections and moments of appreciation.

The academic modules were a highlight for Janice, particularly those focused on biomedical science, chemistry, and robotics. Engaging in hands-on activities and

group discussions deepened her understanding and sparked new interests. Tech visits offered invaluable insights into medical research and potential career paths, inspiring Janice to explore new avenues in her academic journey.

Early morning activities, including walks around Auckland city and bowling, provided opportunities for bonding and exploration beyond the classroom. Volleyball competitions and the Dragons Den challenge further enriched Janice's experience, fostering teamwork, leadership, and creative problem-solving skills.

Reflecting on her two weeks at the forum, Janice expressed newfound confidence and gratitude for the supportive environment provided by her peers and advisors. She credits the forum for equipping her with essential life lessons and empowering her to embrace her passions and potential.

In conclusion, Janice thanked our club for the privilege and opportunity to attend the forum, emphasizing its profound impact on her university and career decisions. Her experience serves as a testament to the transformative power of initiatives like the Rotary National Science Forum.



SOPHIE LIN
MARIST COLLEGE

A Memorable Experience attending the 34th Rotary National Science and Technology Forum

The club also had the pleasure of sponsoring Sophie Lin from Marist College to attend the Rotary National Science and Technology Forum, held from January 6th to 20th, 2022. Sophie graciously shared her reflections on this remarkable experience, and we're delighted to provide a glimpse of her journey.

Thanks to the support and encouragement from club members Gary and Barry during the interview stage, Sophie embarked on this two-week forum with clear goals in mind: to broaden her knowledge across scientific disciplines and to develop her confidence, social skills, and leadership abilities. With modules covering a wide array of topics, including food and sports science, robotics, and physics, Sophie found herself inspired and captivated by subjects she hadn't explored before. Hands-on experiences, such as dissections and experiments, enriched her understanding and left a lasting impression.

Beyond academic pursuits, Sophie embraced the opportunity to connect with fellow participants, forming meaningful relationships and gaining inspiration from their

achievements. Engaging in group activities like volleyball and Dragons Den fostered camaraderie and teamwork, contributing to a supportive and empowering environment.

While Sophie appreciated the forum's structured schedule and purposeful use of time, she also highlighted areas for improvement. She noted the need for more free time to foster relationships outside her own 'Red Team' and to attend to personal well-being. Additionally, Sophie suggested enhancing the academic rigor of certain modules to offer a more challenging experience.

Ultimately, Sophie's takeaway from the forum extends beyond a better understanding of university life and academic choices; it's about the interpersonal connections, collaborative projects, and personal growth she experienced. She emphasizes the value of communication and dialogue in shaping this transformative experience. Her three key observations were: how you've got to fail - to learn, how passion and enjoyment of research are linked, and technologies she never knew existed.

In closing, Sophie expresses her heartfelt gratitude to all who support and contribute to the success of events like the Rotary National Science and Technology Forum. Through the club's generosity, Sophie's outlook on life has been profoundly enriched.



COMING UP



Waitangi Copthorne Hotel - Paihia

19th - 21st April 2024

**Annual District 9910 Conference.
19-21 April 2024.**

Rundown:

- Fri night: Welcome
- Sat: Conf. & all meals
- Sun: Conf. & morning tea

Discounted Copthorne Waitangi Hotel rooms finish on 19TH March, so get in quick.

**FULL CONFERENCE \$220pp.
PARTNER DINNER ONLY \$100pp.**

Registration and Accom see:

rotaryconference9910.org.nz



11am-2pm, Thur 25th April
Epsom War Memorial,
Marivare Reserve,
cnr Manukau and Ranfurly Rds, Epsom

THOUGHT FOR THE WEEK (provided by Noel Carey)

"I have good and bad news. The bad news is time flies; the good news is; you're the pilot."

DUTIES

Unable to attend > apologies to Noel: noelcarey@hotmail.com

Unable for a duty > arrange own replacement & text Noel: Mb: 0274 509 845

Meeting: 6pm Mon. 8th Apr 2024

President: Jeanette Thorne
Vice President: Barry Stafford
Sergeant: Noel Carey
Attendance: Paul Jenner
Hospitality: Craig Jones
Equipment & Scribe: Tony Rayner
Meals1: Trevor Mosley
Meals2: Bruce Murdoch
Host: Iain McCrae
5-Min: Trevor Mosley: Supporting each other
Guest Speaker: Neil Little
Thanks: Peter Mayow
Thought: Ernie Meyer

Meeting: 6pm Mon. 15th Apr 2024

President: Jeanette Thorne
Vice President: Barry Stafford
Sergeant: Noel Carey
Attendance: Craig Jones
Hospitality: Iain McCrae
Equipment & Scribe: Tony Rayner
Meals1: Bruce Murdoch
Meals2: Derek Neutze
Host: Peter Mayow
5-Min: Bill Grayson: Reminiscences of an old sailor!
Guest: tbc
Thanks: Ernie Meyer
Thought: Trevor Mosley

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