







(As of 1 July 2022, the Rotary Club of Onehunga One Tree Hill was renamed the Rotary Club of Maungakiekie)

Newsletter to keep the Wheel Turning



President: Quentin Jay

Secretary: Iain McCrae (Hm) 09 625 8035, (Mb) 021 963 899, email: diainz.mc@gmail.com Club Meeting location: Royal Oak Bowls, 146 Selwyn Street, Onehunga, Auckland Time: Monday evening 5:30pm for 6 p.m. start to 7:30pm, includes \$21 dinner

Mail: PO Box 29086 Greenwoods Corner, Epsom Web: https://www.rotarymaungakiekie.org.nz/



Newsletter 133, 29th May 2023

Present:

Apologies: Phil Aish, Bill Appleton, George Arulanantham, Alan Bannin, Bede Brittenden, Bruce Clegg, David Eastwood, John Paul Goulding, Bill Greyson, Shameen Hayat, Gary Hays, Rod Kestle, Cat Levine, Duncan Macdonald, Ant Martin, Tony Rayner, Rhett Stephens, Colin Tea, Jeanette Thorne, Sharlene Wagner.

Sergeant's fines: \$67.40

MEMBERS

President Quentin online from a wet Hokitika.

Sergeant reported on current health status of Bede Brittenden and Rod Kestle.

Robin confirmed that Alan Bannin was recuperating at home after his recent operation.

UPCOMING MEETINGS

Monday 5 June 2023: No meeting -King's Birthday.

Monday 12 June 2023: POSTPONED Meeting at Onehunga High School.

DINNER at Everybody Eats, 6pm 306 Onehunga Mall

Monday 19 June 2023: Normal meeting

Monday 26 June 2023: Changeover meeting at Parkside full details provided by Gwynyth. Please respond to Gary Hays promptly at ghays@xtra.co.nz to help organisers with the catering requirements.

Penultimate Seventies Draw

Lloyd Albiston conducted the last Seventies club draw before the main event at Changeover night on 26th June.

Results as follows:

3rd prize: \$50 ticket #25 holder Tony Rayner.2nd prize: \$100 ticket #16 holder Noel Carey.1st prize: \$150 ticket #4 holder Diane McCrae.









Ernie spoke about the future of our club's Honour's Boards. This has been considered by Ernie and Paul Jenner as a consequence of the Bowling Club asking us to remove the older boards.

Ernie and Paul have found a new home for them at the Onehunga Community House.

Ernie noted that the Onehunga Club Board has 53-Presidents on it from 1947 and the One Tree Hill Board has 31 from 1978.

Options on how we deal with the current Board was outlined by Ernie:

- 1. Update the present Board. The main disadvantage is that the Board is quite bulky and a challenge to move around and store safely.
- 2. Convert what we have to a digital format used weekly on our screen.
- 3. Make a physical Board without past Presidents and display that information on the screen during the course of each meeting.

Ernie readily acknowledged that there will be other possibilities and asked members who had any ideas to provide them to him or Paul as soon as possible.

Paul spoke briefly in favour of a digital solution.





JOYCE DENG My experience on Outward Bound

(introduced by Trevor Mosley)

Joyce was partly assisted with the cost by the Club and she spoke initially of her efforts to fundraise the balance.

To reach Anikiwa Joyce went by overnight bus to Wellington and took the Picton ferry from there. She attended Outward Bound Course number 700A. (Club member Richard Ryan, showed the longevity of the scheme by noting he attended course number 7!).



It was an 8-day course.

The first day was "getting to know your companions" time. This included an extensive mud bath followed by a cold water plaunge, climbing ropes in high trees, team raft building then paddling it to a destination and back, and walking backwards with your eyes closed.



There were about 100 plus on the course divided into teams of about 12. Each team stayed in a basic cabin with another team on the other side of the cabin. Joyce's team was in Shackelton Lodge.

Wakeup call each day was at 6am with morning exercises on the Central Ground. Late arrivals soon discovered the fine imposed was the "Anikiwa Sets". This comprised 10-pushups,10-Russian twists and 15-squats. It was the punishment of choice for instructors and Joyce acknowledged its efficacy.

Other activities included:

- night trip and the setting up of a camp in the rain with limited lighting.
- steep uphill climb with a heavy pack where the only way down was to slide.
- sailing.
- being responsible one evening to set up and pack down the dining hall for the 100 plus course participants.
- 3-day adventure on foot with a heavy pack and rowing back to base.

The seventh day was spent rock climbing, with some team members being handicapped, and others blind folded, apparently to help them overcome any fears of heights.

At the end, each member who completed the course received an Outward Bound Anakiwa badge to mark the occasion. Joyce was very proud of her accomplishment and had time to reflect on her values.



In reply to a question about personal development, Joyce said that the experience provided many opportunities. Besides overcoming many personal challenges she learnt about the importance of attaining goals in a timely way and in a group situation the need to recognise and work with different personality types and ensure all members participated as much as possible.

Joyce had enjoyed the challenging 8-days and thanked the Club for its support.

Joyce's presentation was enhanced by her photographs which amply demonstrated the adage, "a good photograph is worth a thousand words".

Noel called on members to show their thanks to Joyce in the usual way.









THOUGHT FOR THE WEEK (Derek Nuetze)

The smallest deed is better than the greatest intention.

John Burroughs (US conservationist 1837-1921)

DUTIES

Unable to attend? Apologies to Noel Carey: noelcarey@hotmail.com

Unable for a duty? Arrange your own replacement & text Noel Mb: 0274 509 845

MON 5TH JUNE: NO MEETING - KINGS BIRTHDAY

MON 12TH JUNE: DINNER OUT

6pm at Everybody Eats, 306 Onehunga Mall, Onehunga.

Meeting: 6pm, Mon. 29th May 2023.

President: Quentin Jay
Sergeant: Noel Carey
Attendance: Robin Hulford
Hospitality: Ernie Meyer
Equipment: Rhett Stephens
Scribe/Photos: Barry Stafford

Laptop: lain McCrea Host: Trevor Mosley

5-min speaker: Ernie Meyer: Future

of our Club's Honours board Guest speaker: Joyce Deng: Outward Bound Course

Thanks: Rob Lyons
Thought: Derek Neutze

Meeting: 6pm Mon. 19th June 2023

President: Quentin Jay Sergeant: Noel Carey Attendance: Bill Appleton

Hospitality: George Arulanantham

Equipment: Bill Grayson
Scribe/Photos: Tony Rayner

Laptop: Tony Rayner Host: Lloyd Albiston

5-min speaker: Rob Lyons

Guest speaker: Ellie Fletcher &

Mikey McKillop: RYLA

Thanks: Duncan Macdonald

Thought: Gwynyth Carr

toUch oF kiWi huMoUr









