



(As of 1 July 2022, the Rotary Club of Onehunga One Tree Hill was renamed the Rotary Club of Maungakiekie)

Newsletter to keep the Wheel Turning



President: Quentin Jay

Secretary: Iain McCrae (Hm) 09 625 8035, (Mb) 021 963 899, email: diainz.mc@gmail.com

Club Meeting location: Royal Oak Bowls, 146 Selwyn Street, Onehunga, Auckland

Time: Monday evening 5:30pm for 6 p.m. start to 7:30pm, includes \$21 dinner

Mail: PO Box 29086 Greenwoods Corner, Epsom

Web: <https://www.rotarymaungakiekie.org.nz/>



Newsletter 129, 1st May 2023

Present: 22 and 5 Guests

Apologies: Phil Aish, Derek Atkinson, Alan Bannin, Gary Hayes, Duncan Macdonald, Rod Kestle, Ant Martin, Peter Mayow, Colin Tea, Brian Williams

Sergeant's fines: \$122.00.

PRESIDENT'S ANNOUNCEMENTS

President Quentin was back in Auckland for tonight's club meeting after attending the 9910 Conference 28-30th April.

A general call out to any club member or other who can **billet a Swiss student for the Youth Exchange Programme**. Please contact Quentin for more information.

9910 Conference 2023 - Report

This was Quentin's first and was well worth the trip up from Hokitika. There was a very pleasant surprise too...more later.

There was a slight racing theme throughout, and Quentin put in a \$2 bet - and won \$1.50. A great day (*for the TAB*).

Saturday

The theme was about people with formidable challenges making extraordinary gains.

Below are some of the guest speakers:

- **David Downs** told an inspiring story of **beating cancer** by being part of a Harvard trial whereby T-cells were manipulated into attacking cancer cells. Without his perseverance and the help of others David would not be here to tell the tale.
- **Tim Edmonds** spoke on the **Well Foundation** and its work at North Shore Hospital. His plan is to raise \$2m to create a healing garden in the new atrium, which otherwise would look like a prison space.
- Club member **Cat Levine** gave a captivating presentation on the Te Tai Tokerau Tamariki Northland Project that she is leading with the help of her daughter.



- Club member **Phil Aish** spoke of his work on **Rescuing Farms in Hawkes Bay** where he has spent the last number of weeks helping clean up the mess left by Cyclone Gabrielle.
- **Miss Auckland Winner and Runner ups** – these women had extraordinary public service credentials. (Pres Quentin: *I'm signing them up for our club*).
- **Elaha Yousufi** who won 2018 Businesswoman of the year in Afghanistan but has to flee her country in February 2022 to New Zealand where she is currently completing her MBA.

Dragons Den, the dreamchild of DG Matthew McLeod (Mr Projects), where attendees had 3-hrs to come up with ideas for a worthy project, for flood relief or other. The two top projects would be given funding of \$10k (flood relief) or \$2k (other).



Service Above Self Award

Dinner Evening which saw a good number of our members attend and witness club member **Bill Grayson** be presented Rotary's highest award, the **Service Above Self Award** by DG **Matthew McLeod**.



Bill Grayson (left) receiving the Service Above Self Award from District 9910 Governor Matt McLeod. (photo: Lissa Photography)

The Service Above Self Award is internationally competitive and is granted to no more than 150 Rotarians worldwide each year.

Bill has been a hard-working member of Rotary since joining in 1983. He was club president in 1996-97 and 2019-20 and has held most major roles on the board for a total of 12 years. He is currently chair of the club's fundraising committee and Book Fair which has developed under his guidance as a fundraiser for the club as well as a source of books delivered free to Tonga and Samoa for use in their schools and libraries. Bill also is part of a group of members that attend low decile schools to conduct a reading recovery programme.

In 2006, Bill founded Brothers In Arms - a young person mentoring service (now renamed Upside Youth Mentoring in recognition of the increasing number of females being mentored over the last few years since its

inception). Bill has been a mentor to several young people and is active in funding the organisation.

Bill is also a trustee of New foundations trust - an organisation that helps young people re-engage with the school system in the South Auckland area - Bill has been chair of the Trust for the last 12 years.

He is also involved with Te Whakaora Tangata, assisting with funding, and supporting programmes that support underprivileged families that are tailored to address their challenges including depression, drug and alcohol abuse, domestic violence, suicide, sexual abuse and family breakdown, all with the view to restoring families.

Finally, he is also a trustee of The Village Community Services Trust (chaired by Sir Michael Jones) which supports the marginalised in our community by providing services that bring hope; operating a food bank amongst other services to the community.

A quote from the past Principal of Onehunga High School, Deirdre Shea, about Bill sums things up nicely, *"He offers and provides unconditional wrap-around support and does not seek any extrinsic acknowledgement or reward. Many young people's lives have been transformed through his direct and indirect support through organisations or simply when he hears of a situation where he can assist."*

Congratulations Bill for a very well-deserved Rotary honour.

(Source: [Rotary District 9910](#))

... Conference cont. Sunday

- Talks about Cyclones and Floods, Rotary efforts in Murawai and Mt Roskill. There is money that has come over from Australia and Japan which has not been spent – so we should think about how it can be spent.
- **Maungawhai Club - a successful Satellite Club** that by focusing on what young parents are interested in, has now become a full club.
- **ROMAC** – Rotary Oceanic Medical Assistance for Children. An exciting story told by a lad from PNG who had given up of living past the growing tumour in his head but was chased down by Rotarians and bought to Starship for an operation that Australian Doctors had refused to perform. Up for discussion is **how our club can support this** with either funding or hosting.

The District 9910 Conference 2024 is planned for 19-21 April 2024 at the Copthorne Waitangi, Bay of Islands.

Noel Carey

Allan B is home from hospital and Colin H is in California.

Kids to Camp went well as reported by members Iain and Noel who drove a pair of twins to camp and back. They experienced a camp for the first time away from the family. The twins (boy and girl) were Afghan refugees from the western city of Herat, with a population of 600,000, close to the Iran border. They have been in NZ for only 18 months and their English is very limited. Their mother was a judge in Afghanistan. The camp theme was "Space" and most of the children dressed up accordingly. The twins had a fantastic time and during the excited conversation on the way home, although a bit hard to follow as it was all in a Persian dialect, it was gathered they were enjoying their time at school and will be heading to Intermediate next year. Kids to Camp's next theme is, "Royalty".

Epsom ANZAC Day (report from Iain and Noel)

Continuing the tradition of the former **Rotary Club of Epsom** (now part of the Rotary Club of Maungakiekie), ten members and seven wives attended the 11am Epsom ANZAC Service at Marivare Reserve on the 25th April.

Barry Stafford, Vice President, Rotary Club of Maungakiekie laid a wreath on behalf of the club. David Seymour, local MP and honorary member also attended.

St George's Scout Group and Epsom District Girl Guides performed Placing of Colours then Retrieval at the closing of the service after Laying of Wreaths, Roll of Honour, Ode of Remembrance and Last Post.



Correction: Last week's Newsletter report on Guest Speaker Christopher Theunissen, Manager Onehunga CAB stated, "The CAB has access to a huge database which is maintained by central government".

This should have read, "...which is maintained by the CABNZ National Office, Wellington". CAB is operated totally independently from central and local government.

CAT LEVINE

Te Tai Tokerau Tamariki Northland Project update

In the last six weeks on top of the project launch, Cat's had a house move and to worry about dad Phil's recent health scare. Thankfully all ended well enough.

Since the 3rd March launch which included Cat's very funny co-presenter, she has trained the first batch of 214 teachers in ways of helping child manage their mental health using CBT techniques.

Cat's daughter is also assisting providing real value and real life examples of how to deal with emotional feelings. This will be followed by another 6-weeks of lessons. The Min. Education is showing interest in what Cat is doing, taking note of her presenting style which is proving to be more effective than the dryer lessons delivered by other mental health wellbeing providers. This is because Cat has introduced a set of children's characters in full size costume, in puppet form and cartoon animation, along with teaching aids (Mood cubes, Lesson reminder card sets). The videos are going down very well and there are plans to make more (funding needed).

Stats to date:

- 22 Far and Mid-North schools v
- 4,000-children presented to
- 212-teachers taught

In 2024 a further 40-schools will be visited.

The travelling trailer has been decorated, however the involvement of Rotarians to assist with school sport days did not work out as planned as some days were just too hot this last summer.

Feedback from Community Heath staff up north have said to Cat, "if you keep doing what you are currently doing, you'll do us out of a job". Praise indeed.

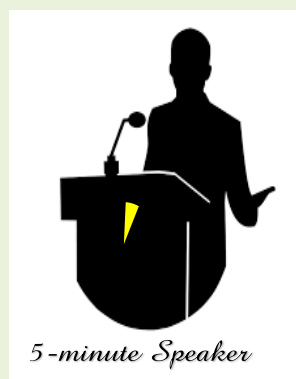
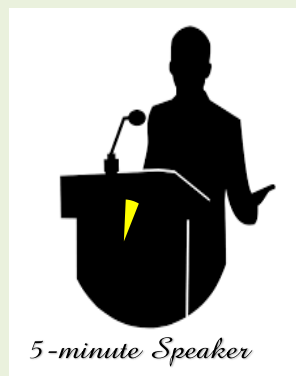
BILL APPLETON

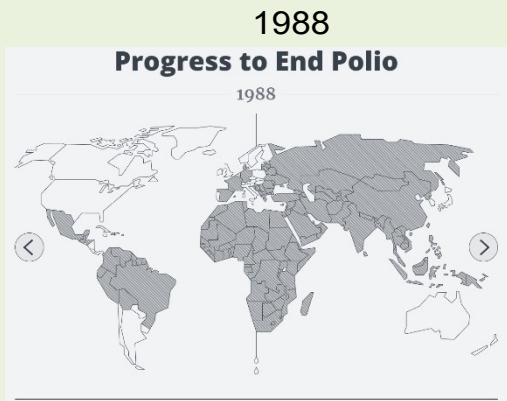
Polio Plus

Last week (24-30 April) was World Immunisation Week.

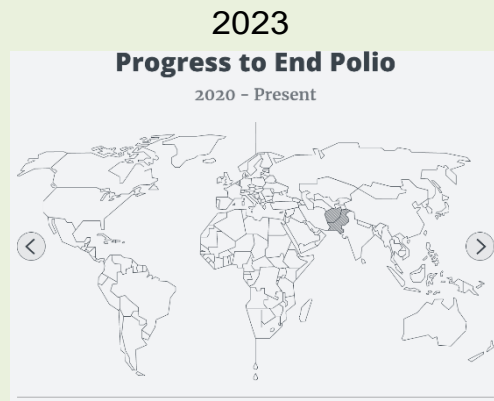
The world is 99.9% free of polio with just two countries listed as endemic by the WHO:

- **Pakistan (1-case on 20 Feb 2023)**
- **Afghanistan (1-case on 29 Aug 2022)**





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Other world Health authorities are copying the Polio system. Micro planning and monitoring is a very important aspect along with contact tracing and techniques were used for recent Ebola and COVID epidemics.

Before 1988, polio paralysed 350,000 people a year. An estimated 16-million have been saved since. (WHO).

Global Wild Poliovirus 2017 - 2023

Country or territory	Wild virus type 1 confirmed cases								Date of most recent case	Wild virus type 1 reported from other sources ²								
	Full year total							01 Jan-09 May ¹		Full year total							01 Jan-09 May ¹	Date of most recent virus
	2017	2018	2019	2020	2021	2022	2023	2022		2023	2017	2018	2019	2020	2021	2022	2023	
Pakistan	8	12	147	84	1	20	2	1	20-Feb-23	110	141	405	455	65	41	5	10-Apr-23	
Afghanistan	14	21	29	56	4	2	1	0	29-Aug-22	42	83	60	49	1	22	18	03-Apr-23	
Mozambique	0	0	0	0	0	8	1	0	10-Aug-22									
Malawi	0	0	0	0	1	0	0	0	19-Nov-21									
Iran	0	0	0	0	0	0	0	0	NA			3					20-May-19	
Total (Type 1)	22	33	176	140	6	30	4	1		152	224	468	504	66	63	23		
Tot. in endemic countries	22	33	176	140	5	22	3	1										
Tot. in non-end countries	0	0	0	0	1	8	1	0										
No. of countries (infected)	2	2	2	2	3	3	2	1										
No. of countries (endemic)	2	3	3	3	2	2	2	2										
Total Female	7	18	72	59	2	10	3	0										
Total Male	15	15	104	81	4	20	1	1										

Countries in yellow are endemic. ¹Data reported to WHO HQ on 10 May for 2022 data and 09 May for 2023 data. ²Wild viruses from environmental samples, selected contacts, healthy children and other sources. Last WPV type 3 had its onset on 10 November 2012.

Data in WHO HQ as of 09 May 2023

One of the goals for our club this Rotary year is to raise \$2,000 for The Rotary Foundation Polio Plus fund.

Members are encouraged to donate through the Trust Fund to help achieve this goal. All donations attract a \$2-for-\$1 matching grant from the Bill & Melinda Gates Foundation.

How to donate

Club Trust account: 02-0400-0009047-00

Reference: Polio

(The Trust will issue a receipt for your donation Tax claim)



Ctrl click to play the 1'45" explainer video.

<https://www.youtube.com/watch?v=8apFzMoS8Ws>

Thank you for your support.



guest speaker

DR PULITHARA V JAYARAJ, PH.D.

(with wife Chandini and PADG Min Roche)

Life is Water, Water is Life

Dr Jayaraj was born in Kerala, India in 1953 and completed his education there. He graduated from the University of Kerala in 1976 with a Bachelor of Science. In 1995, his humanitarian service brought him to Nairobi, Kenya, and a year later he ended up in Dar Es Salaam in Tanzania where he has lived since.

He is currently a member of the Rotary Club of Pugu in Tanzania, as well as Loka Kerala Sabha in Kerala, India. He began a project in 1998 called “Life is Water, Water is Life” which aims to educate people about the preservation of water, and has published a research paper “Access to Hygienic and potable water supply in Tanzania Cities: Challenges and Prospects” for which he was awarded his PhD.

“Jambo” (*Swahili for “Hello”*), Dr Jayaraj called out.

Dr Jayaraj and Chandini are on a visit to Auckland where their daughter lives. They both live in Tanzania which has been their permanent home for the past 27 years. Dr Jambaya was also awarded an MBE for his work in South Africa.

Africa is the world’s 2nd most populated continent with 54-countries where 49% are Christian, 42% Muslem and 8% Traditional faiths. Algeria is the largest country consisting mainly of desert. Africa produces 70% of the world’s cocoa and most of its diamonds.

The Nile, Africa’s largest river, starts in Tanzania which leads to an interesting fact that “water” is the most discussed topic in Africa where some need to walk 4-5km to access it.

While NZ has good rivers and accessible water supply, much of the water in India is undrinkable and in Africa, is hard to find.

To that end Rotary “water” projects is one of Dr Jayaraj areas of focus. Back home there is a Tanzania/India Friends Society and in 2002 undertook a project and pledged to preserve water in all aspects of their daily lives.

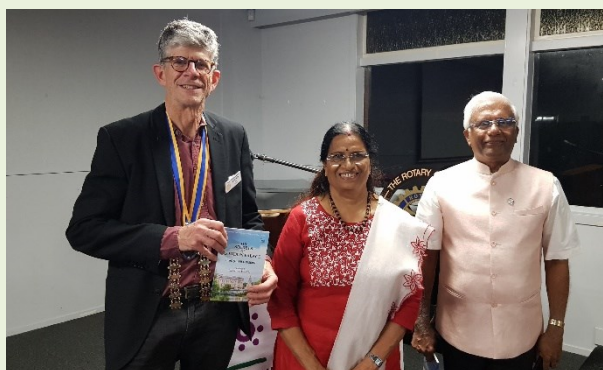
Dr Jayaraj himself saves 50-70lt/day of water by taking a 2-min shower which saves 10-25k lt p.a.

In terms of leaky taps and general water wastage, just 5-drops of water/minute equates to approx 2.5 lt/day or 912 lt p.a.!

We need to educate our children about water and ways to save it.
“Life is water – Water is Life.”

Dr Jayaraj presented President Jay a book called *The Secrets of London Palace* by Prof. (Dr.) P.J. Joseph, Translated by Chandini Jayaraj.

Environmentally conscious and club president-elect Jeanette Thorne thanked Dr Jayaraj and stated she too take 2-minute showers.



Photos tonight



Conference





THOUGHT FOR THE WEEK

“If you want it to go off spontaneously – plan it!

Bill Grayson – Club member and recipient of the Service above Self Award (April 2023)



Service Above Self Award

DUTIES

Unable to attend? Apologies to Noel Carey: noelcarey@hotmail.com

Unable for a duty? Arrange your own replacement & text Noel Mb: [0274 509 845](tel:0274509845)

Meeting: 6pm, Mon. 8th May 2023

Acting President: Barry Stafford

Sergeant: Noel Carey

Attendance: Alan Banin

Hospitality: Bede Brittenden

Equipment: Ernie Meyer

Scribe/Photos: Tony Rayner

5-min Speaker: Bede Brittenden:
31/12/99

Host: Gwynyth Carr

Guest speaker: Duncan McDonald:
Growing Old and What to Do

Thanks: George Arulanantham

Thought: Paul Jenner

Meeting: 6pm, Mon. 15th May 2023

Acting President: Barry Stafford

Sergeant: Noel Carey

Attendance: Jeanette Thorne Banin

Hospitality: Bill Grayson

Equipment: George Arulanantham

Scribe/Photos: Tony Rayner

5-min Speaker: Tony Rayner: How
to find your lost Bonus Bonds

Host: Lloyd Albiston

Guest speaker: Cat Levine:
Wellbeing Project

Thanks: Craig Jones

Thought: Rob Lyons

toUch oF huMoUr

(After last week's attempt at A.I. humour, we return to normal programming - I'll let you be the judge 😊 - Ed.)

The race of people known as Mayals come from which counrty? Malaria.

Teacher: How old is your father?

Kid: He's 6 years.

Teacher: What? How is that possibe?

Kid: He became my father only when I was born.

Teacher: Maria, go to the map and find North America.

Maria: Here it is.

Teacher: Correct. Now, Class, who discovered America?

Class: Maria!

Teacher: Glenn, how do you spell "crocodile"?

Glenn: K-R-O-K-O-D-I-A-L

Teacher: No, that's wrong.

Glenn: Maybe it's wrong, but you asked how / spell it.

Teacher: Donald, what is the chemical formula for water?

Donald: H I J K L M N O.

Teacher: What are you talking about?

Donald: Yesterday you said it's H to O.

Teacher: Clyde, your composition on 'My Dog' is exactly the same as your brother's. Did you copy his?

Clyde" No, sir; it's the same dog.

Teacher: Harold, what do you call a person who keeps on talking when people are no longer interested?

Harold: A teacher.
