



Rotary
Club of Maungakiekie



(As of 1 July 2022, the Rotary Club of Onehunga One Tree Hill was renamed the Rotary Club of Maungakiekie)

Newsletter to keep the Wheel Turning



President: Quentin Jay

Secretary: Iain McCrae (Hm) 09 625 8035, (Mb) 021 963 899, email: diaz.mc@gmail.com

Club Meeting location: Royal Oak Bowls, 146 Selwyn Street, Onehunga, Auckland

Time: Monday evening 5:30pm for 6 p.m. start to 7:30pm, includes \$21 dinner

Mail: PO Box 29086 Greenwoods Corner, Epsom

Web: <https://www.rotarymaungakiekie.org.nz/>



IMAGINE
ROTARY

Newsletter 125, 20th March 2023

Present: 18

Apologies: Phil Aish, Gwynyth Carr, David Eastwood, JP Goulding, Gary Hays, Paul Jenner, Rod Kestle, Cat Levine, Iain McCrea, Ant Martin, Peter Meyer, Derek Neutze, Jeanette Thorne, Sharlene Wagner

Sergeant's fines: \$111.80 (notably harder to find branches to receive cash!)

PRESIDENT'S ANNOUNCEMENTS

It was a welcome sight to see President Quentin join us via ZOOM tonight from his home in the West Coast.

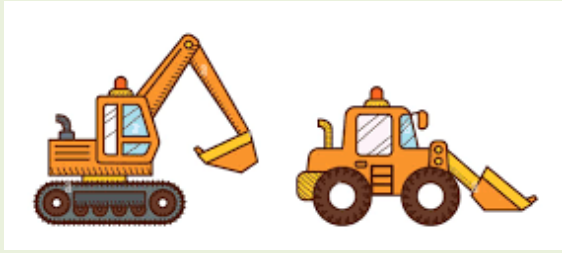


Quentin has been busy with Greymouth Rotary restoring two majestic and historical 1954 era Greymouth Wharf cranes once used in the coal trade there.

The restoration project started back in 2019 with Rotary helping to raise funds and providing technical expertise. After much rust removal, scraping and restoring the project is at the stage of painting the cranes with gold. Not your average working bee!

Below are before (2019) and after (2023) photos.





60 SECOND ANNOUNCEMENTS

Phil is progressing with the **donation of his time and machinery to help Hastings residents in their recovery**. The plan is to transport three machines there later this week. Phil is liaising with the Rotary Club of Stortford Lodge, Hastings.

Most of the **digger and bulldozer** resources in Hawkes Bay are believed to be tied up removing silt from orchards - Rotary's plan is to remove silt from 26-residential properties.



Last week Jeanette Thorne, ODCOSS Coordinator (Onehunga District Council of Social Services) invited **Tony** to speak about Rotary at a meeting in the Onehunga Community House.

Tony presented a rundown of who and what Rotary are and provided an insight to our Club's projects over the last 12-months locally, regionally and internationally.



The small turnout included a representative from MP Priyanca Radhakrishnan's office and Dany Miller-Kareko Manager of the Oranga/Onehunga Community Centre who was our Guest Speaker in January.

ODCOSS' mission is to network with and connect the various social services and community groups in the Maungakiekie area.

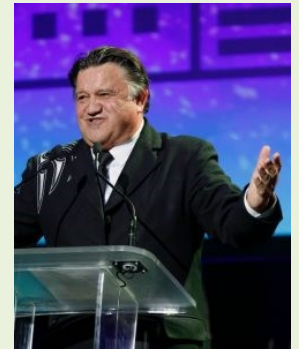
DISTRICT CONFERENCE 2023

Rotary
District 9910



IMAGINE INSPIRE INNOVATE

District Conference 2023
28-30th April 2023



Date: Fri 28 – Sun 30 April:

Where: Alexandra Park

MC: Pio Terei MNZM

More details: <https://www.rotaryconference9910.org.nz/>

Please cc Quentin if you are going.



5-minute Speaker

NOEL CAREY

- Climbing the highest free-standing mountain on earth –

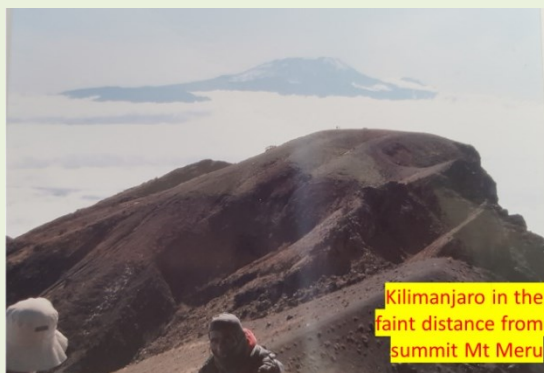


(We have all heard of this epic adventure tour but may have never really grasped what it entails. Noel's short read here will fill that gap – Ed)

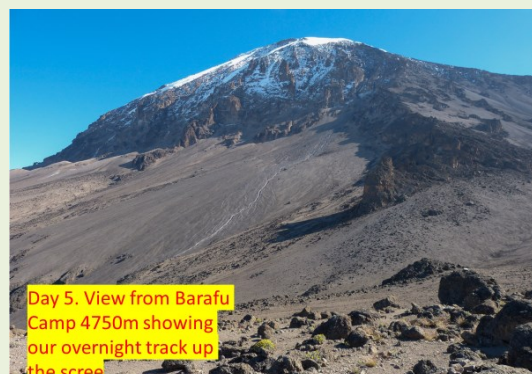
That mountain is Mt Kilimanjaro, which Noel, Jenny and three friends visited in August 2007. Located in Tanzania, 600 km south of equator, Mt Killimajaro is in fact a giant volcano with a summit at 5,895m above sea level (*Mt Cook is 3,724m*).

These altitudes cannot be reached without some prep work to acclimatise the body to cope with the low level of oxygen at altitudes above 2,0000m. Daily Diamox tablets were taken to avoid Acute Mountain Sickness (AMS), High-Altitude Cerebral Edema and High-Altitude Pulmonary Edema – the latter two conditions can be fatal over 4,200m.

As a run-up to the big climb, the group first summited Mt Meru at 4,565m, 70km west of Kilimanjaro.



Kilimanjaro in the faint distance from summit Mt Meru



Day 5. View from Barafu Camp 4750m showing our overnight track up the scree

Killimajaro climb:

Day 1: a gentle six hour climb on the Machame Track on the SW slopes of the mountain through ferns, *montane* forest up to our first campsite at 3,000m, an ascent of 1200m from the gate. The porters had assembled our tents before our arrival and this was to be the ritual for each of the next six days.

Day 2: a short four hour, 840m ascent to Shira Caves Campsite.

Day 3: bid farewell to Jenny who had a problem with the arch of her foot. She was able to walk with some difficulty with a guide to a road end, while we continued into a high altitude desert of volcanic rocks and boulders under Kibo's main peaks and the remains of western glaciers. During our six hour walk we climbed up to a Lava Tower at 4,600m with usual short stops for morning tea and lunch and then a descent down to Barranco Campsite at 3,900m.

Day 4: breakfasted on the usual millet porridge and toast while keeping an eye on the near vertical Barranco Wall to our east. Quite a scramble on hands and knees in places, yet the porters took this in their stride while carrying our big packs on their heads! Another descent into the Karanga Valley at 4,040m, only a 3½ hr trip. A great view over the sugar plantations with flames and smoke from burning sugar cane until the rains came later at night.

Day 5: learned of the deaths of two porters at the next camp who had succumbed to hypothermia and AMS overnight. This news had been radioed to our campsite.

The weather had cleared overnight and another short day saw us at our highest camp Barafu Campsite at 4,750m arriving as the previous night's climbers were returning from summitting and for many failing to achieve the goal. Because of the limited space for tents, our tents could not be erected until those from the previous day had been packed up. Mawenzi Peak to the east.

We finished dinner very early and into bed for a couple of hours sleep before waking at 10.30pm, 30-mins to kit up, 30-mins for "breakfast" before leaving our campsite at 11.30pm, headlamps aglow, boiled water in our bottles, snacks in our day packs, three layers of gloves, in darkness. The line of headlamp lights ahead and behind us was very spectacular as Day 5 rolled into Day 6.

Day6: On through scree, step after step, numb fingers and toes, our boiled water now nearly freezing. "Polé, Polé" was the call, Swahili for "slowly, slowly". Numerous stops as we waited for groups in front of us to move on in single file. Hour after hour passed with stops to rehydrate.

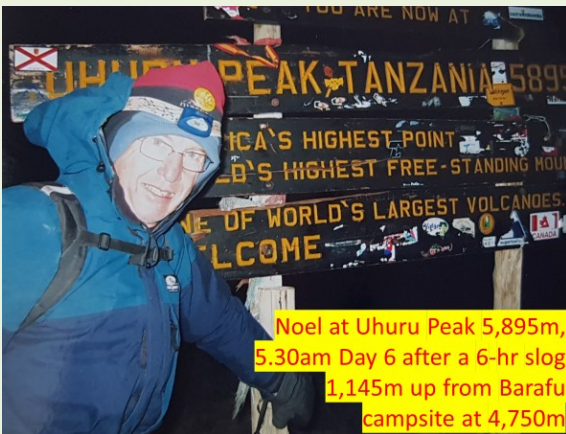
After 5½ long hours of climbing through scree we arrived at our first milestone, Stella Point on the crater rim at 5,760m, a climb of just over

1,000m. Near this point we encountered ice and snow for the first time and although we were only 120m below the summit, this difficult climb through ice took us another 40-mins, still in darkness. With the number of climbers reaching the summit we were able to spend just a few minutes inhaling the rarified air on the roof of Africa.

Due to the mountain's proximity to the equator, dawn comes very quickly and by the time we had returned to Stella Point at 6.30am, the sun was rising to the east. The descent back to our camp in the heat of the sun, with our track down now easily distinguished saw us return by late morning for a quick lunch, packing of our large packs, removal of two layers and then continuing down the Mweka Track for a further 5-hrs to Mweka Campsite at 3,100m.

Tiredness had killed our appetites, considering we had been on the go for nearly 20-hrs. But we were elated we had achieved something that few people have done.

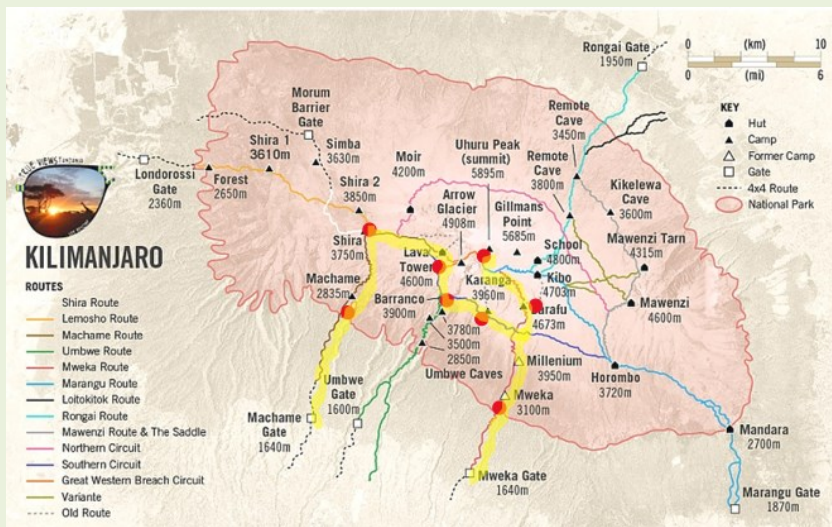
Day 7: was a further 4½-hrs out to the Mweka Gate, a 1,500m descent through forest to collect our Certificates, bid farewell and tip our guides, porters and cook, then head back to Arusha before our trip into the Masai Mara, then Zanzibar. But that's another story!



Noel at Uhuru Peak 5,895m, 5.30am Day 6 after a 6-hr slog 1,145m up from Barafu campsite at 4,750m



A familiar wheel discovered on a bridge near Arusha after our return from Kilimanjaro climb



Map of the path starting left from Machame Gate.

RETIREMENT VILLAGE LIVING

Nancy Niesen (National VP RVResidents)

guest speaker



(Nancy presented an excellent view of the why's and wherefores behind the establishment of the Retirement Village Residents Association of NZ (Inc).

To a new retiree it is was a very good introduction to the mysteries of retirement village agreements and to make sense of anecdotes picked up from relatives. Tonight's presentation tied it quite neatly together – Ed)



In 2014 a group was formed to represent retirement village residents. Its Office holders are all voluntary who run a low cost but highly effective organisation with 9,200 members throughout NZ.

In essence the Retirement Village Act 2003 was seen as no longer suitable and needed reviewed as there was no clause in the original act for it to ever be reviewed!

The Association is not set to be against Retirement Villages (Operators), but to be a voice for Clients against “unfair clauses and village practices”.

From a high level, upon sale at the end of any tenancy, Operators refund around 80% of the original purchase price, some. The problem is some Owners/families don't know when they'll get their money back after the Unit is sold. Typical scenario: Apartment purchased for \$450,000; 10yrs later the unit is sold back to the Operator; Operator refunds \$300,000 within 28-days (* see below); Operator keeps \$150,000, renovates the apartment and resells it for \$1,000,000 (repeat).

The Association found around 400-variations to the original Occupation Right Agreement (ORA) provided to applicants around NZ. Consumer NZ was also concerned residents weren't being well protected. It took a lawyer 40-hrs to read the one ORA. (*up to [52-pages](#) long from one Operator – Ed*).

The Min. Housing agreed to a review resulting in a Scoping Study for review released in Dec 2022, with a view to roll it out.

Key points the Association wanted reviewed are:

- Capital returned within 28-days of departure*
- Simpler documents
- Clear maintenance terms

- No-surprise policy for transfers into Care Facilities
- User-friendly complaint process.

While this visit was not a sale pitch, Nancy did mention resident families and intending residents can keep up to date with laws and the industry in general by becoming Associate Members (Subs. \$25p.a. www.rvr.org.nz).

Several of our members are Residents and offered some observations:

- Not all Retirement Villages operate the same way.
- It lays with the government to sort unethical clauses inserted by some Operators.
- Some Villages are going broke, nonetheless.
- Residents need to remember they have a choice not to join a Village.
- Market forces are making Villages to put in Care Centres as there are fewer sign-ups to Villages that don't.

THOUGHT FOR THE WEEK from Brian

Somebody should do something about that – until I realised I was that somebody

DUTIES

Unable to attend? Apologies to Noel Carey: noelcarey@hotmail.com

Unable for a duty? Arrange your own replacement & text Noel Mb: **0274 509 845**

<p>Meeting: 6pm, Mon. 27th Mar 2023</p> <p>Acting President: Barry Stafford Sergeant: Noel Carey Attendance: Gary Hays Hospitality: George Arulanantham Equipment: Alan Bannin Scribe/Photos: Lloyd Albiston 5-min Speaker: Rod Kestle: Update on Phil's Hawkes Bay digger effort Host: Bill Appleton Guest speaker: Don Allan: Onehunga Community Policing Thanks: Bill Appleton Thought: Bede Brittenden</p>	<p>Meeting: 6pm, Mon. 3rd April 2023</p> <p>Acting President: Barry Stafford Sergeant: Noel Carey Attendance: Ernie Meyer Hospitality: Bruce Murdoch Equipment: Bruce Clegg Scribe/Photos: Lloyd Albiston 5-min Speaker: Janette Thorne – Community Update Host: Gary Hays Guest speaker: Sean Marston: \$\$Notes for Nepal Thanks: Bill Grayson Thought: Robin Hulford</p>
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So Daffy Duck and Elmer Fudd break into a distillery. Daffy turns to Elmer and says: "Is this Whiskey?"

Elmer says: "Yeth but not as whiskey as wobbing a bank!!" 😊😊😊😊

