



*(As of 1 July 2022, the Rotary Club of Onehunga – One Tree Hill was renamed the Rotary Club of Maungakiekie)*

## Newsletter to keep the Wheel Turning



**President:** Quentin Jay

**Secretary:** Iain McCrae (Hm) 09 625 8035, (Mb) 021 963 899, email: [diainz.mc@gmail.com](mailto:diainz.mc@gmail.com)

**Club Meeting location:** Royal Oak Bowls, 146 Selwyn Street, Onehunga, Auckland

**Time:** Monday evening 5:30pm for 6 p.m. start to 7:30pm, includes \$20 dinner

**Mail:** PO Box 29086 Greenwoods Corner, Epsom

**Web:** <https://www.rotarymaungakiekie.org.nz/>



**IMAGINE  
ROTARY**

**NL 114, 31<sup>st</sup> October 2022**

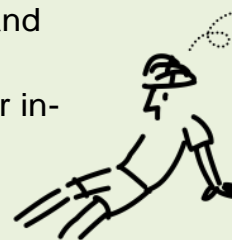
**Present: 25**


**Apologies:** Quentin Jay, Derek Atkinson, Gwynyth Carr, Bruce Clegg, Craig Jones, Rod Kestle, Rob Lyons, John Mamea-Wilson, Ant Martin, Derek Neutze, Rhett Stephens,

**Sergeant's Fines: \$128.10**

## VICE-PRESIDENT'S ANNOUNCEMENTS (Barry Stafford standing in)

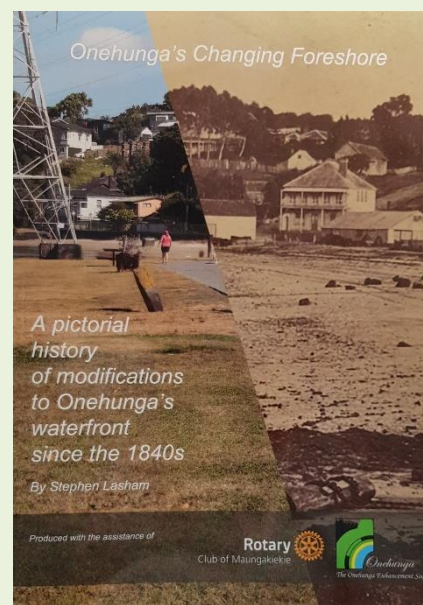
Our **President Quentin** had a bike accident on his way home today and called in from the White Cross clinic where he was awaiting attention. Subsequently he discovered that he had **broken his collar bone**. Our in-house St John man, Tony Rayner and wife Heather, who is a nurse, collected Quentin and looked after him for the evening. Members wish Quentin a speedy recovery and thanks to Tony and Heather.



 Barry Stafford requested those members who took copies of **Stephen Lasham's new book, Onehunga's Changing Foreshore**, after our meeting with Stephen on 31 October, to pay \$35 into the Club's trust bank account with BNZ 02-0400-0009047-00.

Proceeds will be used towards our other charitable objects.

If you are after a copy of Stephen's beautifully presented book, contact Barry directly on:  
Mb: 0210 255 37 97.



---

## CLUB ANNOUNCEMENTS

**60**  
**SECONDS**

### Onehunga Primary School Fun Run – help wanted

Peter Mayow mentioned that on Friday 11 November Onehunga Primary School is holding a day of activities including a fun run around the school to raise funds for the school. Some of you will be aware that there is a major rebuild under way at the school and funds are wanted for various things that the newbuild cost won't cover.

Volunteers are needed to assist with the supervision of events. Peter needs an indication from those who can help so that he can advise the School. We would need about 6 people. Please tell him on 021-976-224 or email him on email: mayows@gmail.com.

## Onehunga Xmas Parade

Peter Mayow reminded members the Onehunga Xmas Parade is on the morning of Saturday 3 December 2022.



The Club has assisted with crowd control with about 6-8 people joining other volunteers. You need to be there for about 3 hours with the Parade usually being from 10am – 12 noon. Please let Peter know if you are interested.

## Christmas Pudding orders

Peter is looking for orders for Rotary Xmas puddings. If you are interested, please let him know by Friday 11 November 2022.

Puds cost \$23 each with \$6 going to our Club.



## Book Fair

Bill Grayson updated everyone on the Book Fair program. We should now be getting on with our leaflet distribution.

A covered trailer is now positioned at the southern end of the College Rifles parking area to take contributions and regular book sorting is set up at 51C Victoria Street, Onehunga up for the weeks leading up to the week beginning Monday 21 November, the start of Book Fair Week.

This is the first time we have held the Fair at this time of the year, so we need the usual involvement of all to contribute to its success.





## PRESS MENTIONS

Our club is actively involved supporting the local community, some of which get mentioned in the media now and then...

### Onehunga Community News (October)

On page 9 is an article titled **“Heritage exhibition showcases local history”** explains the upcoming photo display at the Aotea Sea Scout building which is based around Stephen Lashams 2022 book titled **“Onehunga’s Changing Foreshore”**. Our club were major sponsors which enabled the first edition print run to be achieved. (See Barry Stafford if you want to purchase a copy).

Page 20 **“Heading of to Canberra”** is a report on **Royal Oak Primary and Intermediate Schools** success in winning a segment of the NZ Tournament of Minds competition and how the Intermediate pupils will be heading off to Canberra for the finals. Our club provided a donation that went toward assisting the students travel costs.



### Onehunga Community News (November)

On page 19 there is a follow article to the one above the OCN October edition article which promoted Stephen Lasham and his exhibition old Onehunga photos recently held in the Sea Scouts building, Orpheus Drive.

The book can be bought via **Barry Stafford** and is available at **Onehunga Books** and as an **e-book from Amazon**.

### History of Onehunga foreshore displayed in exhibition

Onehunga local, Stephen Lasham, personally welcomed several hundred visitors to his photographic exhibition during the recent Auckland Heritage Festival, who all got a different take on the history of the Onehunga foreshore, and a new look inside the historic Sea Scouts building on Orpheus Drive, where the photos were shown.

The exhibition, Onehunga's Changing Foreshore: A personal history of modifications to Onehunga's waterfront since the 1840s, explored the story of the Onehunga foreshore, and all the changes it has seen through the eyes of historic and modern photos, artists' impressions and maps.

There was a strong link between the location and the event too, with the Sea Scouts building and surrounding area featuring in several photos in the exhibition, although these looked very different to how it looks today.

Stephen's research started many years ago when the Sea Scouts were preparing a submission on the proposed East Third Link, and grew from there. He sourced photographs and maps from the National Library, Auckland Museum, Auckland Maritime, and LINZ, with many missing their usual fees for the project. Stephen also had support from local farmers and hardware stores for materials to erect the photos.

The work was being used for the existing gallery system in place for drying tents after recent camps, and he's now looking for somewhere to store the pieces, in the hopes of putting the show on again during next year's Heritage Festival.

"It was a real shame it took a year to get a book but I wanted a bit of history along the way," says Stephen.

This fascinating history has also been captured in a book by Stephen, Onehunga's Changing Foreshore. A pictorial history of modifications to Onehunga's waterfront since the 1840s, is available to purchase from local stores, Onehunga Books and Stationery, or as an e-book from Amazon.

Back on page 13 our club placed an advert for BOOK FAIR! 2022.

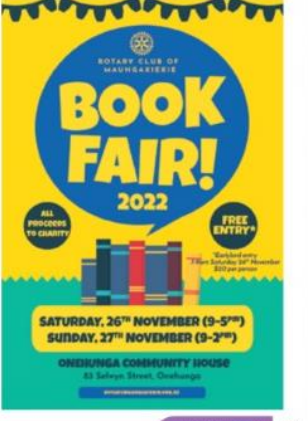
The insert advises readers who have second-hand books they wish to donate, who to contact for collection and where to drop them off.

### Rotary Book Fair on 26th and 27th November

If you have second-hand books, CDs, DVDs, jigsaws and children's games to donate, (no magazines or encyclopaedias), please contact Robin Hulford on 824 9102, or Derek Neutze on 624 9151 for collection, or email robing@thehullfords.com or dandm@nutzaxtra.co.nz.

Alternatively, you could drop them off at the Onehunga Community House at 83 Selwyn Street, Onehunga from 21st November between 8:30am - 12:30pm daily.

Beneficiaries: Youth Leadership Award, Kids to Camp, Onehunga High School, Pacific Advance Secondary School, Royal Oak Intermediate School, local primary schools and kindergartens.



ROTARY CLUB OF MĀNGAKĀTEPE

# BOOK FAIR!

2022

ALL PROCEEDS TO CHARITY

FREE ENTRY\*

SATURDAY, 26<sup>th</sup> NOVEMBER (9-5<sup>PM</sup>)  
SUNDAY, 27<sup>th</sup> NOVEMBER (9-2<sup>PM</sup>)

ONEHUNGA COMMUNITY HOUSE  
83 Selwyn Street, Onehunga

www.onehunga.co.nz

13

# guest speaker

## Judy Lawley (ADG): Polio and All That

Most of our members can remember polio vaccinations and will know of someone who had polio. To raise money for the long running Rotary International Programme to eradicate polio around the world we are hosting, with the Westhaven Rotary Club, a showing of a new film, **“The Lost King” at 3:30pm at the Westgate Event Centre, Westgate on Sunday December 4, 2022.**

The timing is picked so that you have an entertaining and feel-good experience before the final intense commercial phases of the Christmas we all know, kicks in.

This is a comedy drama about the search for and finding of the body of Richard III, the King reputed to have said “My kingdom for a horse!” The team, which was involved with the 2013 film “Philomena”, is also responsible for this film. Philomena starred Judi Dench as Philomena Lee who spent 50 years searching for her lost son. That film won many plaudits and was film at its best. The Lost King promises the same outcome.

**Judy Lawley, Rotary District Assistant Governor, Area 7, District 9910 and a member of Westhaven Rotary was our guest speaker.**

She was introduced by Bede Brittenden with the touching connection that they both had polio in their early years. We who know Bede, are aware that he never let that early challenge get in his way. Bede carved out a successful career in sport, business, in family life and in some of the Catholic institutions of NZ.



Judy Lawley  
Rotary District Asst Governor,  
District 9910

Judy comes with the same determination shown by Bede. Her career was in education, social services, and local government. In 1997 she was awarded a **Rotary Peace Studies Scholarship to Oxford University**. This was one of fifty given around the world. During that time, she was part of a **Convoy of Hope** which visited Vukovar, the Croatian town which suffered much destruction and death in the bitter strife which occurred in the Balkan peninsula in the 1990s. Judy can vividly recall how an older woman she met there, was asking why all the young people who had lived had died.

Judy can see some parallels with some of what is now happening in Ukraine

The broad background to Judy’s address is as follows.

Infantile Paralysis (poliomyelitis) epidemics broke out in New Zealand in: 1916,

1925, 1927, 1937, 1948–49, 1952–53 and 1955–56. Until the arrival of effective vaccines in the late 1950s, polio was a devastating virus as it particularly affected children, says Polio NZ Board member, Sue Griffin.

“During the global polio pandemics New Zealand alone recorded around 10,000 cases, and more than 800 deaths,” says Griffin. “Survivors often suffered from lifelong partial or complete paralysis of limbs or the entire body. In the worst cases, the lives of seriously paralysed patients could only be saved by long periods in a compression chamber or ‘iron lung’.”

Judy showed us moving photos of the callipers and shoes she had to wear to help her to walk in the early 1950s.

The essential facts about polio are these:

- It is a viral infection which causes nerve injury.
- 0.5% of those infected, experience muscle weakness/permanent paralysis.
- There is no treatment so that prevention is the key, hence vaccination.
- It spreads through faecal matter, contaminated water or saliva.
- The Salk vaccine arrived in NZ in 1956.

In more recent years a condition known as Post-polio Syndrome (PPS”) has emerged amongst those who had polio. This presents with a progression of symptoms:

- A decline in muscular function.
- Less endurance of effort.
- An intolerance of cold.
- Breathing difficulties and dysphagia (swallowing difficulties).
- Pain.
- Severe fatigue

Judy’s guesstimate is that there about 3,000 people in NZ who have had polio in their early life. **Polio New Zealand** exists to support them. Judy explained that PPS came about because originally when polio was contracted, the nerve cells of the body were invaded. This led to a lack of nerve supply to the muscles. The surviving muscles tried to make up the deficiency and grew “sprouts”. These sprouts gradually degenerate partly from over exercise. This leads to loss of function and new weakness. The counter to this is moderate and careful exercise.

In moving a vote of thanks for Judy, immediate past president Robin Hulford noted the importance of immunisation to counter the virus and that Judy had illustrated there was more depth to the consequences of having had it.

---



# THOUGHT FOR THE WEEK - provided by Gary Hays –

**Great minds discuss ideas,  
Average minds discuss events,  
Small minds discuss people.**  
*(Eleanor Roosevelt)*

---

## Snaps from the night



## DUTIES

Unable to attend? Apologies to Noel Carey: [noelcarey@hotmail.com](mailto:noelcarey@hotmail.com)

Unable for a duty? Arrange your own replacement & text Noel Mb: **0274 509 845**

### Meeting: Mon, 7<sup>th</sup> Nov 2022

**Sergeant:** Noel Carey

**Attendance:** Duncan MacDonald

**Hospitality:** Bruce Murdoch

**Equipment:** Bill Appleton

**Scribe/Photos:** Barry Stafford

**Host & Thanks:** Brian Williams

**Speaker: Shelley Green (GM) & Heather McLeish (Board Member) - Laura Fergusson Trust**

**5-min Talk:** Jeannette Thorne – Maungakiekie-Tamaki Local Board

**Thought:** Jeanette Thorne

### Meeting: Mon, 14<sup>th</sup> Nov 2022

**Sergeant:** Noel Carey

**Attendance:** Bill Grayson

**Hospitality:** Derek Neutze

**Equipment:** Bill Appleton

**Scribe/Photos:** Barry Stafford

**Host & Thanks:** Deidre Shea

**Speakers:**

- **Lawrie Mead: North West Passage**
- **Epsom Normal School: Speeches**

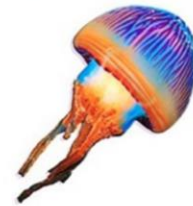
**Thought:** Ryan Richards

## toUch of huMoUr!

**LAST NIGHT THE INTERNET STOPPED WORKING SO I SPENT A FEW HOURS WITH MY FAMILY. THEY SEEM LIKE GOOD PEOPLE.**



**JELLYFISH HAVE SURVIVED 650 MILLION YEARS, DESPITE NOT HAVING A BRAIN.**



**THIS GIVES SO MANY PEOPLE HOPE.**

I tried to steal spaghetti from the shop, but the female guard saw me and I couldn't get pasta.

*(Masai Graham: Best joke award - Edinburgh Fringe 2022)*

