

President: Robin Hulford - Ph: 09 624 9102 mob: 021 228 8289 Email: robin@thehulfords.com Secretary: Iain McCrae Ph: 09 625 8035 (h) Mob 021 963 899 - E-mail: diainz.mc@gmail.com Web address: <u>https://www.rotaryonehungaonetreehill.co.nz/</u> PO Box 29086 Greenwoods corner. Epsom Club Meets at Royal Oak Bowls 146 Selwyn Street, Onehunga, Auckland Each Monday evening 5:30pm to 7:30pm, including dinner. https://www.facebook.com/rcooth/

June is:

<u>Newsletter to keep the Wheel Turning!</u>



NL 97, 20th June, 2022

Apologies: Ant Martin, Tony Rayner, Neil Reid, Rhett Stephens, Peter Mayow, George Arulanantham, Bill Grayson, Quentin Jay, Gary Hays, Trevor Mosley, Derek Neutze.

Visitors:

Phil Aish, Don Smith, guests of Rod. Craig Jones, ex Epsom.

Members: 24

Sergeants Fines: N/A

President's Announcements:



President Robin welcomed the guests to our last meeting for this Rotary year and outlined the format for the evening.

Robin first acknowledged the passing of our member **David Taylor** on the 10th June. David had been past President of Epsom Rotary and a long serving tireless worker in Rotary and the community.

David played a major part in the organisation of the Epsom club annual Book Fair and his contributions to the community will be sorely missed.

All present at tonight's meeting were invited to observe a commemorative moments silence.



Robin advised that **Trevor Mosley** had emailed members, who were part of his support team, that he had received his last treatment and would hopefully be back at Rotary at the end of July or early August. We wish him well for his successful convalescence.

John-Paul Goulding, an ex-club RYLA awardee, will be attending the Club changeover and will possibly become a member soon.

Robin announced that, sadly, due to a serious health condition, **Alistair Grundy** has had to tender his resignation. Alistair has been a great asset to the Club serving as President 2007-2008 and fulfilling the role of sergeant with great success and a wicked sense of humour. Alistair's musicianship was well received at many Christmas functions. We send our best wishes to Alistair and Robin during this time of trial.

Speakers

Robin invited members of the Board to speak about their roles as committee Chairs.

Peter Mayow (Local Projects Chair)

(An unexpected apology due to a sudden back problem and his report was read out by Robin covering the various projects undertaken during the year.)

Some of the community collections were cancelled due to Covid. Club support for MUNA (Model United Nations Assembly) and RYLA (Rotary Youth Leadership Awards) was continued with the RYLA program being run "Online". Covid curtailed the 'Kids to Camp' project this year. Hopefully a return at the end of this year.

It was noted that Marcellin College will be receiving MUNA team support this Year.

Deidre Shea spoke of the importance and value of these programs, especially now with the obvious effects of the disruption to students lives due to the Covid pandemic. They need extramural activities more than ever to benefit from the sharing with other like-minded students, of the personal feelings experienced by the disruption of the normal progress of student years.

Barry Stafford reported on the sharing with other clubs as promoted by the District Governor with the promotion of the successful Shades Tour of NZ that was well received by Clubs in other Districts. Unfortunately, this was cut sort by lock down and it is hoped that they may continue the Tour in Auckland at a later date. Barry also mentioned that Satellite club, involved in Community work could still be formed with the possibility of leadership provided by John Tapu.

It is unfortunate that the PASS reading program is currently unable to be run at present due to Covid restrictions.

Bruce Murdoch (Treasurer)

Spoke to the Club budget and the affect of difficulties with apologies timing.

The board approved the arranging of prepayment of meals into the club account. Bruce is happy to track attendance with the meals account and report individual member's current balance. This will bring us in line with current cashless trends. The details have been circulated to all members.

Note: Coins will still be required for the Sergeants Session.

The Club trust account is looking forward to this year's Book Fair in November!!

Neil Reid (Club Membership Chair)

Neil asked Iain McCrae to read this out - so if it sounds a bit confusing and not in the third person – it is the way it is written.

I am an apology for tonight as am self-isolating after both Trish and I tested positive for COVID last week.

It is Neil's view our club the membership function centres on signing up new members. As the chair of a non-existent committee that's all I have had time to do. And it can be hard work on your own. I have been fortunate that a section of the club has supported me in the work when asked to do so. The present process of interest meetings seems to be working and the club membership is slowly increasing. But not always in the right direction to see us on a development course correct for the future.

Membership is a lot wider that just that and if I had a committee, we should look at a much wider brief. The membership role is called Rotary membership Engagement and retention. Members come and go......

Those who have been around for a while will understand when we say 30% of new member's dropout within 3 years of joining. Why? - exit interviews tell us that engagement did not accrue. They did not find what they were looking for or where not engaged in a meaningful relationship with the club.

While Neil has always said "one can do as much or as little as one wants in Rotary". The premise for joining is to contribute to the work we do as a club, so it therefore follows everyone needs a job that they feel comfortable in and making a meaningful contribution to the Rotary club.

We have as a club many avenues of service - membership is just one.

So, if you're looking to membership as a contribution point, we can show you a wide range of skill sets you can contribute in:

- Planning our planning needs to include the wider membership of the club, ideas come from everywhere not just the Chair
- We need to look at and plan for a better balance in Gender, ethnic diversity, and age.
- It need not necessarily be done in a way that disrupts the current culture of our club but rather by creating Satellite clubs with differing cultures to our own or supporting Rotaract or Interact clubs
- Engagement encouraging new and existing members to find what part of rotary service attracted them to our club, and create opportunities for them to serve
- Our club has a proud history of contribution, locally and internationally members have been recognised at the highest level in Rotary for their contribution - someone needs to start the process of recognition - That's us in the membership committee, we have others that should be considered in that process.
- We need formal processes around new membership response to enquiries through the website or to the Rotary International membership function.

Neil needs some support, and he promises those who join the membership committee "No previous experience required" that a training program is available – you will learn lots.

Tony Rayner (Public Image Chair)

(Unable to attend and provided a report presented by Bill Appleton.)

Key goals were outlined including ensure Rotary brand is up to date and consistent with global guidelines. Raising awareness and presenting our club as people of action and the impact we make on our community.

Promote the club through social media and on the website ensuring information is up to date.

The key plan is to recruit younger members and draw upon their social media skills and utilise media experience available within the Rotary district.

Whenever possible we should publish action videos when we are working on projects in the community, to our Facebook and our website. We should also create a video of our members explaining why they joined Rotary. We should plant Rotary teardrop flags wherever we are working on a project and also ensure we put aside time during any community event (tea/scones) to socialise and mix with the public.

Other strategies include joining with other community groups on group projects, and plan for the 24th September 2022, NZ Rotary "Day of Action" to invite and share with the Public.

Iain McCrea (Secretary)

Iain also outlined the varied and interesting role of Club Secretary, including the use of the 'My Rotary' website for the club status and reporting function. This gives a great insight into the workings of District roles and Rotary International. The club administration is another responsibility with the functions including

organising payment of Rotary district and RI dues along with updating the Club membership database and reporting any changes to District and RI.

The Secretary is also the co-ordinating point for club activities and District notices. Preparation of Board meeting agenda's and recording Board Meeting minutes is a vital role.

The Secretary's role is open to all members and vounteers for Rotary year 2023/24 should contact Iain directly at <u>diainz.mc@gmail.com</u>.

Far North update from Bill Grayson Nice little note from Shawn and TWT thanking us as we close off our gifting to that project (see over) >>>

Bill Grayson Rotary Club of Onehunga One Tree Hill Charitable Trust PO Box 29086 Greenwoods Corner Auckland 1347



Dear Bill and Club Members,

On behalf of our Te Whakaora Tangata team and whānau, I want to thank you for supporting our work in the Far North over the past three years. Without the generous support of the Rotary Club of Onehunga One Tree Hill Charitable Trust, we would not have been able to successfully establish this important work in Kaitaia. We are incredibly grateful for your generosity and heart for making a difference in this community.

Our Journey

As word spread to the North about the success of Te Whakaora's programmes with high-risk and marginalised families, we were invited to come and establish a branch in Kaitaia - launching Te Whakaora Tangata in the Far North in early 2020. He Korowai Trust gave us space in their premises to use, which we quickly outgrew as word began to spread and referrals increased. We moved into our own premises in Puckey Ave in February 2021.



Our work in the community:	Since 2020 Launch
Number of Family Restoration Courses: 5 sessions per course, 3hrs per session	10 Courses
Total Clients: Clients engaged with i.e. home visits, course attendance etc	296 Clients
Number of intensive trauma-counselling sessions: One-on-one trauma counselling	136 Sessions
Hours of Client Counselling/Mentoring: i.e One-on-one counselling, home visits etc	1481 Hours
Number of Client Activities: i.e home visit, phone call, counselling etc	1899 Activities

Since launching our work in the Far North, we've worked intensively with 296 high-risk families, benefitting over 1035 vulnerable children in the community.

Many who come to our programmes are victims of domestic violence or sexual abuse; many want help to break their dependency on drugs or alcohol and/or are struggling with depression and anxiety. Our Family Restoration courses, trauma counselling, Whānau Coaching, advocacy, and crisis intervention services are achieving outstanding results, bringing greater safety, stability, and wellbeing to the families we work with.



Working with Vulnerable Women:

We have been working with many vulnerable Far North women struggling with depression, drug and alcohol abuse, domestic violence, suicide, sexual abuse, and family breakdown. In response, we offered our first-ever condensed Emotional Healing Workshop in April 2022, targeted at women who have experienced sexual abuse and domestic violence. We had 73 women attending and are now working with them in mentoring groups to provide further support. The event was highly successful and we have plans to hold more in future.





Our Outcomes

86%* of our clients experienced an improvement in at least one indicator following the course:

- Crucial Relationships Indicators: Relationship with Kids, Partner, Wider Family, Friends.
- Stability in the Home indicators: Oranga Tamariki Involvement, Alcohol/Drug use, Food Shortage, Domestic Violence, Gambling.
- Mental Health indicators: Depression, Anxiety, Suicide, Anger, Stress in the home.

*Data independently analysed by Impact Lab.

"I truly believe this is something Kaitala and Far North has needed for a long time, something of value. Other services are over loaded, have waiting list and with a shortage of counsellors appropriate for the needs of clients or contracts constantly change..."

"The community is in need of something solid and consistent and we are relieved to have Te Whakaora provide this. So we appreciate having Te Whakaora in our community." --Manaeki Kakano Community Mental Health Nurse

Our Return on Your Investment





calculated a Social Return on Investment of 753% for Te Whakaora Tangata. This means that for every \$1 invested in Te Whakaora, we deliver \$7.53 of measurable social good to New Zealand in reduced family violence, reduced addiction, reduced reoffending, improved employment, and improved mental health. Based on this metric, we can calculate that your donations of \$8000 per month have helped us deliver \$60,000 of social good to Far North

families every month.

Click or scan QR Code to watch our 2022 Far North Graduation testimonials



On behalf of our team and community, thank you so much for partnering with us and supporting the work of Te Whakaora Tangata in the Far North. Your generous donations have ensured the success of this work in the community and brought change to families.



Shawn Reddy, Chief Executive P: 021 041 6553 | E: shawn@tewhakaora.org.nz

(Ed: Note the Social ROI on this Fantastic Project)

Thought for the Week Lloyd Albiston

" Good judgement comes from experience, and a lot of that comes from bad judgment" (Will Rogers)

<u>IIINOTE CHANGE IN APOLOGIES ADVICEIII</u> Duties

(Please send apologies to Noel Carey. (Remember, if you are not available for a duty, please organise a replacement and advise Noel. Mob 0274 509 845 Home 09 630 7657

Date: 27 th June	Date: 4 th July
<mark>Hospitality</mark> : Front of House Alan Bannin and Derek Neutze	Attendance_Rhett Stephens
Attendance Bruce Murdoch	Equipment: George Arulanantham Hospitality: Barry Stafford
<u>Club Changeover Night</u> Rotary Club of Onehunga	<u>5-Minute Speaker</u> Paul Jenner <u>Guest speaker</u> TBA
One Tree Hill to Rotary Club of Maungakiekie President - Quentin Jay	<mark>Subject</mark> Chris Campbell – Real Estate Institute Host: Rob Lyons
Host: Robin Hulford/Quentin Jay Thanks: N/A Thought for the Week	Thanks: Colin Tea Thought for the Week: Peter Mayow

27th June: CHANGE OVER NIGHT AT PARKSIDE VILLAGE (formerly Selwyn Heights)

Note from President Robin: I have arranged for people to park at the front of the Village and come in the main entrance. Alan Bannin and Derek will act as guides from the entrance to the Dining Room. We will set up a reception table as you enter the dining room where an attendance record will be kept for covid purposes as well as our normal management system, and badges as usual.

Note: District Conference is cancelled, and aspects are to be incorporated into the District Governors Change Over at Orewa on **2nd July** Cat Levine will be a presenter. Details in the **District 9910 April 2022 Newsletter.**

Touch of Humour!

My Kid: I feel like you're always making up rules and stuff.

Me: Like what?

My Kid: Like if I don't clean my room a portal will open and take me to another dimension.

Me: Well that's what happened to your older brother.

My Kid: What older brother?

Me: Exactly.



Thank God they put a cone up...I would've drove right into this mess...







Newsletter editor:

bill.appleton.ri@gmail.com