

Onehunga-One Tree Hill Rotary Club



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Web address: <https://www.rotaryonehungaonetreehill.co.nz/> PO Box 29086 Greenwoods corner. Epsom
Club Meets at Royal Oak Bowls 146 Selwyn Street, Onehunga, Auckland
Each Monday evening 5:30pm to 7:30pm, including dinner.

Newsletter to keep the Wheel Turning!



January is-

17th January 2022

Apologies: Trevor Mosley, Ernie Meyer, Bruce Clegg, Ant Martin, Fatu and Parehuia Enari, Deidre Shea, Lloyd Albiston, Duncan MacDonald, Derek Neutze, Derek Atkinson, David Taylor, Gary Bromley, Bill Grayson.

Members: 21

Visitors: Guest Speaker John Mamea-Wilson

Sergeants Fund: \$128.20

Presidents Announcements

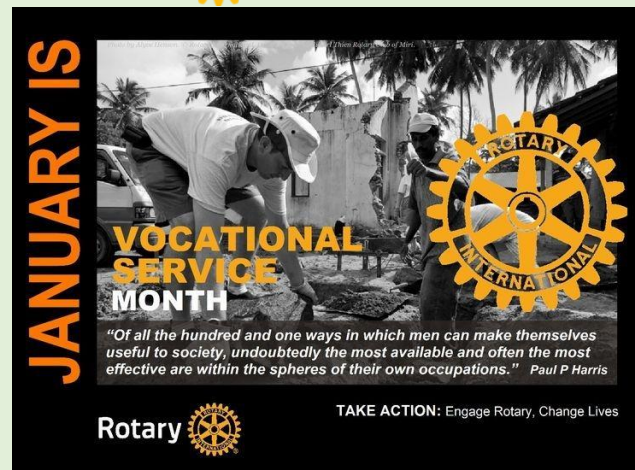
President Robin welcomed John Mamea- Wilson our Guest Speaker for the night.

Robin brought us up to date with Duncan's progress and advised that he has been discharged from hospital and is now at home continuing treatment and may be a while until he is back on his feet.

Robin, Tony had a meeting with the reporter from the Community News and discussed Rotary in the area. An article will be appearing in the next Community News in the first week of February.

Robin proposed congratulations from all the club members to George, Ernie, and Maureen, for their New Years Honours awards and commented that we must be the only club in the district to have 2 awards recipients in the same year.

A board meeting will be held next week Monday 24th 4.30pm at Royal Oak Bowls. We have not met for a while due to Covid and Zoom meetings and there are several things to discuss for the New Year.



1-Minute spot from Noel with details of apology from Bill Grayson in an email to President Robin.

They were hunkered down with all 50 meters of chain out of the locker and over the side. The winds only got to 35 knots, but the cyclone is still producing big swells that are piling into the Bay of Islands. After an escapade that saw their dinghy drift up an estuary that was covered in pacific oysters and the subsequent painful recovery of the dinghy, Bill's feet and the bottom of the dinghy resembled a butcher's block! Ouch! On returning to the yacht, which they left sitting in 3 meters of water they found it was sitting on the bottom. (1.9mtrs Draft). Bill decided there was something else other than the cyclone going on and moved out to 7 metres deeper water. And lo and behold they then experienced the Tsunami that was the result of the Tongan volcanic eruption which they had not been aware of. Bill said they have sailed around Tonga in the past and they referred to the volcano island as Viagra Island, as now you see it, now you don't. An evil black hunk of steaming rock on top of a huge underwater volcano. Very dangerous! So, all is well, and his feet are healing, and they will be sailing quietly south over the next few days. Happy New Year to you all! Bill Grayson.

5-minute Speaker

Rob Lyons spoke about his family summer batch on Waiheke Island in the 80's and getting sick of the transport requirements decided to sell up. After an invite to a local Awhitu tennis club gathering they saw a section for sale in Big Bay and decided to buy it. On returning to town people commented that they were not sure about the Manukau, all that mud etc. However Big Bay is actually a beautiful white sandy beach. They decided to put a large garage, 30 x 20, and fitted it out to be habitable. This was a brilliant place to have with 4 kids being able to enjoy a safe beach. This was to see them through from the mid-80's to nearly 2000. Rob's wife finally said she had had enough and wanted a house. So, plans were drawn up for a nice 2-bedroom place until the kids saw it and said where are our rooms. They finished up with a 2 storied, 5-bedroom beach cottage! Rob covered a couple of incidents relating to the choice and relationship with subsequent builder. After the completion of the build Rob announced to his wife that if she was having a house, then he was having a boat. They still have a good time up there, and in fact came back just for tonight meeting.



Rotary Club of Onehunga One Tree Hill

Guest Speaker : John Mamea-Wilson

John was introduced by Iain who pointed out that his daughter and John's daughter both went to Onehunga High School and that was how he got to know John and his wife Deanne. Iain outlined John's career, and which led to his current business enterprise where he is the founder and CEO of Sekitech, a technology company, and is chairman of the Pai Te Ora Te Kounga Trust, which focuses on streaming in decile 1 schools in Auckland.

John shared with us the experiences of his journey through life as reflected in the subject of his address, "To Onehunga and Return".

John is now a resident of Onehunga once again after an interesting life that took him to many other places around the world.

John detailed his family links to Onehunga that started in 1960 when his Uncle David Wilson moved here from Samoa. John shared with us his family's ties to Onehunga and to Onehunga High School.

John attended primary school at Cornwall Park School and in standard 4 was lucky enough to be accepted to join his brother at Dilworth School. He was selected as Head Prefect in his 7th Form year, the first Pacific Islander to achieve this.

John said that he owed a long running debt of gratitude to Rotary. 30 years ago, as a 6th former at Dilworth School, he was fortunate enough to be chosen to attend a 10 day leadership course on the Spirit of New Zealand. He learned so much on that journey and met such great people that even to this day he counts a few of them as some of his best mates. Rotary funded this in its entirety, and he is really glad that some 30 years later I can repay a tiny part of what was afforded to him back then.

He loved sports and excelled at Rugby and Cricket. When he turned 21 he met his future wife. Just weeks before that he had signed a 3-year rugby contract in Wales.

She stayed, he went, he was living the dream. After 2 years he realised that wasn't his dream and he missed his girlfriend. So, he came home. Only to find that the girl he came home for, had applied for, and was offered a job in Dubai. So, he went with her and Dubai became home for 17 years.

For work he veered towards fitness and was soon Managing a Gym.

One day he was approached by an Emirati,-an Arab who is from the UAE- and he asked me if he knew how to design and build Gym's. Having zero experience in this particular field, he said of course I do, and the gentleman was the Minister of Defence. Next came the awarding of contracts to build 7 Gym facilities at 7 military bases to service US and Allied forces before their deployment Iraq and Afghanistan. This led to altitude training and the installation of Altitude Chambers which took him to the Ukraine, the authority on altitude study and training protocols. Further research on this took him to Israel who have the most advance and nest funded tech development in the world.

He found he had a passion for health technology and was in awe of the work being done over there. Co-incidentally his mother had a few years earlier been diagnosed with a blood condition which meant that she needed unpleasant blood tests to check her haemoglobin levels.

What he set out to do was work alongside an Israeli company to co design and develop the first regulated Haemoglobin measurement device without having to draw any blood from the person.

To build credibility in NZ he needed an advocate. He approached All Blacks and Warriors head of medical, Dr John Mayhew, to trial and use their device in a clinical setting. By now they had all the necessary local and international approvals and Dr Mayhew is now his business partner in a company called SekiTech, as they are both passionate about using technology to improve health equity in areas most affected.

The future of the company looks bright. They are soon to open New Zealand's first GP less medical centre in South Auckland where their mantra is Managing Wellness instead of Treating illness. The company is connected to an education Trust that provides scholarships to students who would not otherwise be able to attend private schools.

Half the GP's are set to retire in 5 years. Health needs to change, and technology has proved it can ease the impact of this.

John thanked us for the opportunity to speak to us and wished us safe travels home.

Tony Rayner thanked John for sharing his story and commented that the more you stretch yourself the more you succeed. A great example of a work life balance and the importance of family.



Duties

Date: 24th January

Attendance 1 Colin Tea

Attendance 2 Verifier and Vaccination List Ticker Off: Rod Kestle

Equipment: Bill Appleton

5-Minute Speaker Peter Mayow

Guest speaker: Elizabeth Fahey

Subject: Managing Change

Host: Tony Rayner

Thanks: . Barry Stafford

Thought for the Week: Rob Lyons

Date: 14th February

Attendance 1 Rob Lyons

Attendance 2 Verifier and Vaccination List Ticker Off

Equipment: Alistair Grundy

Hospitality: Lloyd Albiston

5-Minute Speaker: Bruce Murdoch

Guest speaker TBA

Subject:

Host: Gwynyth Carr

Thanks: Barry Stafford

Thought for the Week: Quentin Jay

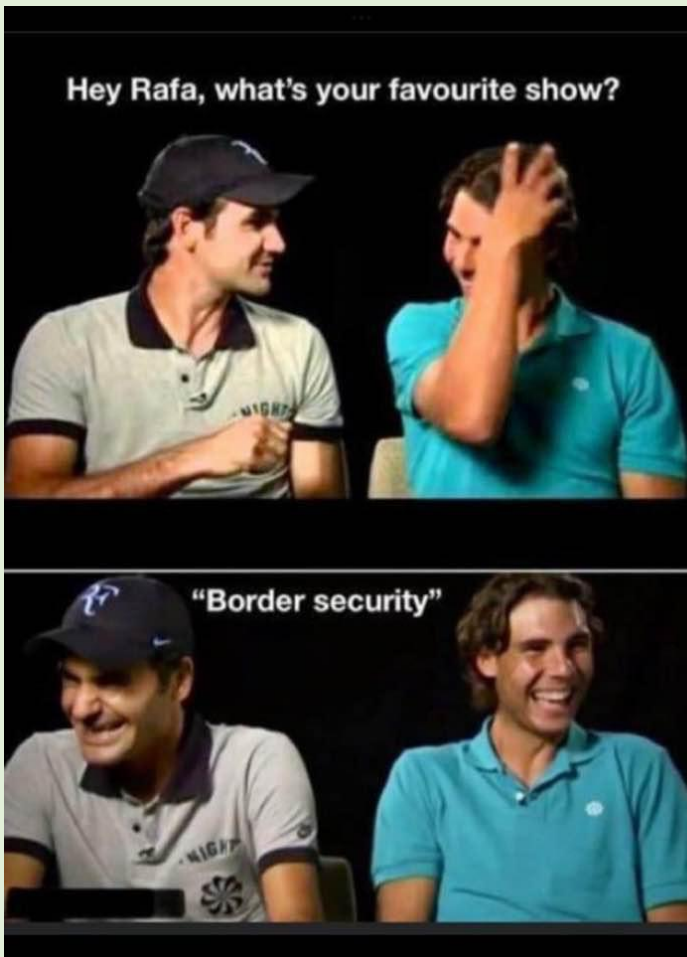
(Remember, if you are **not** available for a duty, **please organise a replacement** and advise Alan and Noel.)



Rotary Club of Onehunga One Tree Hill

Newsletter editor: bill.appleton.ri@gmail.com

A touch of Humour!



We are still battling Covid 19 and the next thing is here already.

The NILE Virus, type C

Virologists have identified a new Nile virus - type C

It appears to target those who were born between 1940 and 1970

Symptoms:

1. Causes you to send the same message twice.
2. Causes you to send a blank message.
3. Causes you to send a message to the wrong person.
4. Causes you to send it back to the person who sent it to you.
5. Causes you to forget to attach the attachment.
6. Causes you to hit **SEND** before you've finished.
7. Causes you to hit **DELETE** instead of **SEND**
8. Causes you to **SEND** when you should **DELETE**

It is called the C-NILE virus!

And if you can't admit to doing the above you've obviously caught the mutated strain, the D-NILE virus.



TWO NUNS WERE SHOPPING AT A 7-11 STORE. AS THEY PASSED BY THE BEER COOLER,

ONE NUN SAID TO THE OTHER, "WOULDN'T A NICE COOL BEER OR TWO TASTE WONDERFUL ON A HOT SUMMER EVENING?"

THE SECOND NUN ANSWERED, "INDEED IT WOULD, SISTER, BUT I WOULD NOT FEEL

COMFORTABLE BUYING BEER, SINCE I AM CERTAIN IT WOULD CAUSE A SCENE AT THE CHECKOUT STAND." "I CAN HANDLE THAT WITHOUT A PROBLEM," THE OTHER NUN REPLIED, AND SHE PICKED UP A SIX-PACK AND HEADED FOR

THE CHECK-OUT. THE CASHIER HAD A SURPRISED LOOK ON HIS FACE WHEN THE TWO NUNS ARRIVED WITH A SIX-PACK OF BEER. "WE USE BEER FOR WASHING OUR HAIR" THE NUN SAID, "BACK AT OUR NUNNERY, WE CALL IT CATHOLIC SHAMPOO.

WITHOUT BLINKING AN EYE, THE CASHIER REACHED UNDER THE COUNTER. PULLED OUT A PACKAGE OF PRETZEL STICKS, AND PLACED THEM IN THE BAG WITH THE BEER.

HE THEN LOOKED THE NUN STRAIGHT IN THE EYE, SMILED, AND SAID: "THE CURLERS ARE ON THE HOUSE." 😊