

# Rotary Club of Onehunga One Tree Hill Inc.

PO Box 13271, Onehunga, AUCKLAND 1643

Club meets: Monday 5.30 pm for 6.00 pm at

Royal Oaks Bowls Clubrooms at 146 Selwyn Street, Onehunga, Auckland

President: Bill Grayson - Ph: 09 571 2444 Email: bgrayson@graysonwagner.co.nz

Secretary: Gwynyth Carr - Ph: 09-5797 426 (h) - E-mail: [gwynthcarr@hotmail.com](mailto:gwynthcarr@hotmail.com)

9910 District Web Page: [www.rotary.org.nz/information.cfm?ID=1364](http://www.rotary.org.nz/information.cfm?ID=1364)

9910 DG's Newsletter: <http://www.rotary.org.nz/newsletter.cfm?District=10>

Club Website: <https://www.rotaryonehungaonetreehill.co.nz/>

PARTNERS, FRIENDS & VISITORS ALWAYS WELCOME



**BULLETIN NO: 192025**

**Monday 27<sup>th</sup> January 2020**

## PROGRAM

### 3<sup>rd</sup> February 2020

**Attendance:** Bruce Murdoch

**Hospitality:** Bruce Passau

**Equipment :** Duncan McDonald

**5 Minute Speaker :** Trevor Mosley

**Host :** Lloyd Albiston

**Speaker:** Anna Irvine

**Subject :** Child Cancer

Foundation

**Thanks:** Alistair Grundy

**Thought for the Week :**

Peter Mayow

## PROGRAM

### 10<sup>th</sup> February 2020

**Attendance:** Allan Bannin

**Hospitality:** Colin Tea

**Equipment** Ant Martin

**5 Minute Speaker :**

Duncan McDonald

**Host :**

**Speaker:** Neil Reid

**Subject :** Membership

**Thanks:** Peter Mayow

**Thought for the Week:**

Iain McCrae

## APOLOGIES

If you can't make it, or, wish to bring a partner &/or visitor to our meeting, please advise

**Alan Bannin**

[abannin2013@gmail.com](mailto:abannin2013@gmail.com)

09 624 9020,

**Before Noon of the Friday**

preceding the meeting so our caterers can provide.

**Failure Will Incur a Meal Cost!!!**

**DUTIES:** If you can't perform your duty, please arrange a substitute & advise Secretary Gwynyth & Sergeant Noel

**CLUB ALMONER** is Robin Hulford.

Please ring him if any member (past or present) or their families are suffering illness, injury, bereavement or having a happy event

## LAST MEETING : 20<sup>th</sup> January 2020

**Attendance:** 20 Members

**Apologies:** Barry Stafford, Rod Kestle, Lloyd Albiston, Gwynyth Carr, George Arulanantham, Iain McCrae, Ernie Meyer, Rex and Chalita Wood.

**Visitors:** Barbie Gerrard, Leanne Jenner, Shirley Grayson

**Sgt. Raised This Week \$108.30**

## February 2020

**Peace and Conflict Prevention/ Resolution Month**

**23 February — Rotary's Anniversary**

## Program 2020

10<sup>th</sup> February – Neil Reid – TBA

16<sup>th</sup> February - **Sunday** BBQ Mavis & Lex

17<sup>th</sup> Bowls Night

## Meeting 20 January 2020

President Bill welcomed our visitors - Dave and Barb Gerrard, Shirley Grayson and Leanne Jenner

**Bede Brittenden** has been a member of the club for half of his life; 40 years and has found speakers for the club for the past 25. Impressive! Thank you, Bede. Bede is relinquishing this role – please let Bill know if you might be interested in taking this on.

**Friday 28 February** is the **Child Cancer Street Appeal**. Lloyd is organising, please diarise to assist if you are able.

**Red Cross** is also having a street appeal **20 and 21 March**. If you can help with either of these, please let Bill know.

**Nominations** are now open for our incoming **District Governor Elect for 2022/2023**.

Neil Reid spoke about the membership programme for the year: there are two stages

1. Satellite Club - John Tapu and Neil met and talked, John suggested creating a blog and podcasts.
2. Neil will send an email to each of us over the next week or so, asking us for one name each, to invite folk to our Rotary Club.

Robin spoke about the **Book Fair** this year, which will be **18 and 19 April**. This is the week after Easter so provides logistical challenges. Please diarise.



**Guest speaker Professor David Gerrard** spoke about *DRUGS in Sport: Chasing the CHEATS*

Dave offered his insights through involvement in half a century of Olympic sport: reflections of an athlete, Chef de Mission and academic physician. He spoke of sport and national pride.



Sport in society ... includes kudos, financial gain, power.

Questions: are the cheats ahead of the game?  
why worry?

Answers: include an anti-doping philosophy, and considerations around ethics, health and the law. Seminal events include changes to the sports doping landscape.

Historical snapshots include:

- In the 1904 Olympics, marathon runner Thomas Hicks used a mixture of brandy and strychnine and nearly succumbed.
- In 1960 in Rome, Knud Jensen died in the team trial after using amphetamines.
- In the 1967 Tour de France, Tommy Simpson died on Mont Ventoux, due to amphetamines and brandy.
- In East Germany in the 1960s-80s drug misuse was on a national scale in both track and field, and swimming. At the time, it was thought that the superior performance of the German athletes was due to medical advances - in fact it was a clandestine, state sanctioned programme of drug abuse, involving mostly female athletes – the use of masculinising hormones, taken under medical supervision was documented in the Stasi reports. In Montreal in 1976 - Germany won 11 of 15 gold medals. When contested about the deep voices of the female swimmers, the East German coach said, “We’ve come here to swim, not to sing.”
- A current dilemma exists with male-female transgender athletes in terms of fairness versus inclusivity. This is a highly contentious area.
- At the 1988 Olympics in Seoul, Ben Johnson became the first athlete to be banned. Clive James said, “they found traces of urine in his anabolic steroids”.
- Marion Jones won 5 Olympic medals in 2000, she had become involved in the underground use of the steroid THG. In 2007, she was jailed for perjury. Marion was the 1st Olympian to be disqualified retrospectively.



- Nadzeya Ostapchuk in London 2012 had stanozolol in her system. She won gold, Dame Valerie Adams came second ... and got her gold medal 6 months later in Auckland, which is not the same as receiving it in London.

- Michelle Smith in Atlanta in 1996 was swimming for Ireland. She won 3 gold and 1 bronze medal in 1 week. Michelle did not return a positive test at the time. However, in 1998, in an out of competition test she

returned adulterated urine. There was a small sample bottle of whisky in the urine, the lab test declared the sample to be “inconsistent with life”. The case was taken to the court of arbitration in Lausanne, and consequently Michelle Smith was banned from competition for the rest of her life. Ironically, she is now a practising barrister – still with 3 gold medals on her top shelf.

- The Russian saga - clandestine, state sanctioned drug abuse. There is no doubt that cheating was occurring at every level. This was brought to a pinnacle before the Rio Olympics in 2016.
- Never trust an Italian doctor named Ferrari ... Lance Armstrong had the edge on other athletes due to a cocktail of drugs prescribed by Ferrari. Armstrong has been described by colleagues as “an unethical, bullying con-man with no scruples ...”

Dave ended a fabulous presentation with the words of Willie Nelson, who said “It’s terrible the way people have treated Lance, because when I was on drugs, I couldn’t even find my bike ...”



Paul Jenner offered **the thought for the week**: “If it’s going to be, it’s up to me.”

